

# FIRST EDITION

**Beginning In the Year of Our Lord 1992**

*(Preliminary until final edit)*

**For Any Anonymous Seeker of Love.**

# VISION QUEST

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**VISION QUEST** of the Noahhite Manual  
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## NOAHHITE MANUAL

### VISION QUEST (1999 ?)

*Book Number Three of the Noahhite Manual*

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### **PREFACE - Reply** Winter of 1997

Dearly Beloved *Anonymous* Friend:

In a rainbow of colors, we present the hope of what we believe the *noahhite organization* is about, in the earliest of the **foundation stage!** A few remember, many years ago, one being a part of an International Ministry, that had as it's logo the following emblem, assuming that words can be given to describe it:

**Try to imagine a little boy, on his knees, with his hands clasped, looking at the floor. Also in the picture is a robed figure with one hand on the little boy's head. The robed person, with sandals on, had a smile on his face. His free hand had a staff in it, that was resting on the ground. He said, "You are truly forgiven."**

In time, God might provide a *noahhite* logo, but this will serve to LET US BEGIN. *Hope you get the jest of what we are about!* The designs, in the FOUNDATION MANUAL, should give a clue of what a few believe is ahead for anonymous recovering people, in the way of meeting rooms and facilities, as well as an unbelievable vacation resort center, that has an unprecedented purpose.

All excess cash flow from such facilities, over a prudent reserve, must be escrowed to the Noahhite Vacation Resort Center, and then all of it's profits shall be escrowed to an appropriate zip code account, for the ultimate good of providing housing, for retired American widows, living only on Social Security, as well as homeless orphans, living on the streets of America.

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The only way that we believe the beginning can possibly come about, and stay on a true course, is to keep our heads in the clouds with Him, while we are together, with much praise that the will of our Father be finished. Let us not be concerned about being few and weak, **He** already knows that. It is mentioned in Zechariah 4:6.

In addition to the designs, in the **FOUNDATION MANUAL**, we include letters to IRS, an ISBN preliminary Log Book of assigned numbers, and **THE TWELVE** of chapter three in this book, **VISION QUEST**, which might be ready to be published in nineteen hundred and ninety-nine, Lord willing of course. Last but not least, in that manual, are the Constitution and By-Laws as well as the Amended Constitution and By-Laws of both the Noahhite Organization and **FULFILLED MANSIONS**, whose publishing efforts, we believe, will provide the money for construction, of the *anonymous fellowship centers*.

This will only be a barest beginning of what we believe is God's greatest church, mentioned in the **letter to the leader of the church in Philadelphia**, written about in The Revelation chapter three, verses seven through thirteen. The goal is to be willing to learn how to lay His Hands on the sick, so that they may be healed, with God's Love, activated by faith. The Agreements and Rules that are written in **HIS FATHER'S TEMPLE**, in Appendix A, end with the twenty-fourth rule - about healing the sick, not the twelfth - which is about providing for orphans and widows. So there will still be a lot to be accomplished, after the purpose for forming is achieved!

The founders of the original anonymous deal learned that only the pure at heart can see God face to face, which is explained in Matthew 5:8. This became this Scribe's purpose of Life, to learn how to receive the pure heart, that God did create, when He just thought of us.

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Without **you**, we cannot experience all of God. With us, we believe that a more direct route can be found. It is our hope, that this book in the **Noahhite Manual**, which will focus on **VISION QUEST**, will provide the deep and meaningful purpose of Life, to God, referred to in John 14:6; "**I am truth, yes, I am the Way, and I am Life...**"

For us to even begin to tie into this hope, we are in an anonymous fellowship, that lets us learn how to aim in the direction of God. Learning about God's Son, which ultimately, having practiced **all** of the twelve principles, turned into God's Son's Spirit, that became the way that we needed. Yes, it required a lot of truth for us, as well as a long path of cleaning up the mess that had been made. But the Life that we are learning about, in the spiritual realm, is worth what ever price that will be paid, in order to be a participant. Hope you will join us.

***The most crucial aspect of the Noahhite Organization is that it will never replace any of the anonymous efforts, from any of the Twelve Step efforts; never ever!*** But we are convinced that we can help, and be helped by, all earnest spiritually centered and open minded people. Our life, as well as your life might depend on it, considering that people that have not perfected the spiritual life have always returned to old habits, given enough time.

Now let us review where a few of us are coming from. Hope that you do not find our humor too risqué. We remember Jesus saying in the Sermon on the Mount in Matthew 7:1; "**DON'T CRITICIZE, AND then, you won't be criticized.**"

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Then, in the Book of James, also a book of the bible that the original co-founders studied, the pure heart is explained. From God the Father's point of view, people with a pure heart provide for orphans and widows. *We might be half way through, at that point.*

As the anonymous effort grew, they learned from the Washingtonians and the Oxford Movement that the anonymous deal had to be about singleness of purpose or **die**. It could not encompass or embrace any other tenants other than abstinence from the deadly obsession, and that the anonymous fellowships must remain a spiritual kindergarten or **die**. But as time progressed, some older members, that had not enlarged the spiritual life, even after over forty years of successful abstinence, lost control and went back to their original habit that gave them a sense of ease and comfort that they wanted, **and did die**, rather than receive the comfort that is only available in God's Kingdom, which always solves our problems!

Therefore, we conclude that brotherly love, the church in Philadelphia, is the only thing that can get us into the Kingdom of God. Elder brother is the love that we need to focus on, for the vision that we need, in order to learn how to love God with all of our mind, strength, might, and heart. This is the basis for daily living that is mandatory for us. The love of elder brother is now spirit only, and desires to indwell our being, or we perish! But the direction of the suggested Twelve Steps brought all of the information in our manuals to us!

Need we say that it has not started, yet, even after fifteen years of information and visions being provided to this goal. I must confess that this has been a deep and meaningful purpose for Life. But the truth for us is that you are this far into our small hopeful beginning, by just reading in this book.

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## **HUMANS - Humor**

abortionists: only a few of us had true compassion also.  
activists: we are learning how to express ourselves too.  
adulterers: at least a few of us kept trying to get it right.  
artists: our minds looked like the weird paintings.  
athletes: we never learned how to take pain either.  
bankers: we finally learned how to balance our accounts.  
bondsmen: we finally found someone that trusted us too.  
brokers: we never learned to change that quickly.  
cashiers: we put in a nickel and took out a dime.  
clerks: the customers knew more than we did.  
comedians: how come they knew so much about us.  
commentators: we used to be experts too.  
conductors: we were perfect at controlling everybody too.  
consultants: the less we understood, the more we made.  
criminals: somebody had to support the legal system.  
critics: only a few of us faced our own worst fears.  
developers: we always knew the sky was our limit.  
dictators: not many could really take the heat as we did.  
directors: no wonder it took so many of us.  
doctors: we patients kept thinking they would kill us.  
draftspeople: it took nearly all of them to publish this.  
educators: we finally learned why we were so dumb.  
employees: where else to start learning the greed process.  
farmers: we never got all of the roots out either.  
feminists: since God is a woman, we are equal to men.  
fishermen: we had to lay down more than our poles.  
fortune teller: a few of us gave our homes to evangelists.  
gentlemen: we saved our wives from everyone but us.  
hookers: many of us needed pampering too.  
homosexuals: we were always raised in good anger.  
hunters: we don't need to tell you what we sought.

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inmates: we were always seeking security too.  
 insured: we always felt secure, until after the accident.  
 jailees: aren't we glad that we had that experience!  
 jailers: at least somebody wanted to hold on to us.  
 janitors: all of us made people clean up behind us too.  
 judges: talk about getting your socks knocked off.  
 lawyers: the ultimate in hopelessness for us.  
 legislators: we knew what was best for all of you too.  
 lesbians: we were just women trying to do a man's job.  
 lovers: our perfect path to perfect lust.  
 manufacturers: we too cornered the market on boredom.  
 mechanics: what do we do with this extra stuff?  
 ministers: at least a few of us were not historical.  
 missionaries: we even learned to live back to back.  
 movie makers: at least a few creative people thought of us.  
 murderers: we wanted to find somebody to kill our pain.  
 newsmen: where has everybody else vanished to?  
 nurses: yes, somebody cared about our well being.  
 policemen: at least somebody knew we needed help.  
 politicians: we all learned how to lie and smile too.  
 preachers: we too could get very hysterical.  
 presidents: there were a few of us that loved to be hated.  
 pricks: we finally learned that we had auxiliary brains.  
 priests: glad to know that there is someone between us.  
 puppets: we were always jerked around too.  
 pussies: and we thought we had a tight grip on things.  
 rabbi: thank God there is One who held on to deep truth.  
 receptionists: at least one of us had to look respectable.  
 reporters: we had perfected rudeness and curiosity too.  
 retailers: at least someone else bought like we did.  
 shoppers: we just went hunting.  
 singers: we always though we were entertaining you.  
 statesmen: at least a few knew how to let things happen.  
 supervisors: only a few people had patience with us.

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The more we think about the lists, however, we remember the Scripture in Matthew 20:16; "***And so it is that the last shall be first, and the first, last.***" We do not understand much about that at this point, but we are willing to learn. We are sure however that our play on the words in the lists, which does have an alphabetical order to it, has nothing to do with being first or last. Maybe a clue might be derived from the chart on pages thirty-nine and forty of **HIS FATHER'S TEMPLE** © 1996, to be published by **FULFILLED MANSIONS**.

Well, all people not mentioned, please advance to the front of the line, especially architects, engineers and contractors, including all of their usual necessary helpmates. All, that is, except the draftspeople; they have already been mentioned, and everybody has to wait their turn.

Now let there be full understanding of Hebrews 11:8-10; **Abraham trusted God, and when God told him to leave home and go far away to another land which he promised to give him, Abraham obeyed. Away he went, not even knowing where he was going.**

**And even when he reached God's promised land, he lived in tents like a mere visitor, as did Isaac and Jacob, to whom God gave the same promise. Abraham did this because he was confidently waiting for God to bring him to that strong heavenly city whose designer and builder is God.**

Wow, isn't that amazing! God's people really are patient aren't they? In the first book, of the Noahhite Manual, we went into detail about believing that **the time has come**, according to Scriptures which we introduced, for this heavenly city that has been promised for thousands of years, to be made available, and as we speak is on the drawing board, so to speak.

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teachers: we finally learned how to sign our names too.  
 terrorists: we were not afraid to die either.  
 truckers: when passed on roads, we did more than poot.  
 ushers: somebody had to put us in the right place too.  
 wardens: not many were good at being in real foxholes.  
 whoremongers: we redneck hogs chased pigs till dawn.  
 whores: at least a few of us knew how to have fun.  
 zoologists: somebody was willing to take care of us too.

### most looked for associates

assassins: we thought they died a long time ago too.  
 bureaucrats: we were not missed when we left either.  
 counselors: we couldn't be found when needed either.  
 forgers: as if we had too much money.  
 librarians: someday, we will be put into the right slot too.  
 secretaries: glad we didn't have to work on this manual.  
 strippers: most of us didn't like any of our clothes either.

### ALL MISSING PERSONS

We are hopeful that actors, barbers, clerks, dentists, executioners, fishermen, guides, husbands, immigrants, jewelers, kings, locksmiths, maniacs, nudists, onlookers, parachutists, quacks, revenueurs, seamstresses, typists, upholsterers, valets, waifs, xylophonists, youngsters, zealots and everybody's brothers, sisters, aunts, and uncles in the same alphabetical category will be found and might even get what they need too.

Oops! We forgot about bakers, beauticians, buccaneers, cooks, elders, firemen, laborers, pirates, pollsters, publishers, and waiters, but you are important too. See, the list could go on forever, couldn't it?

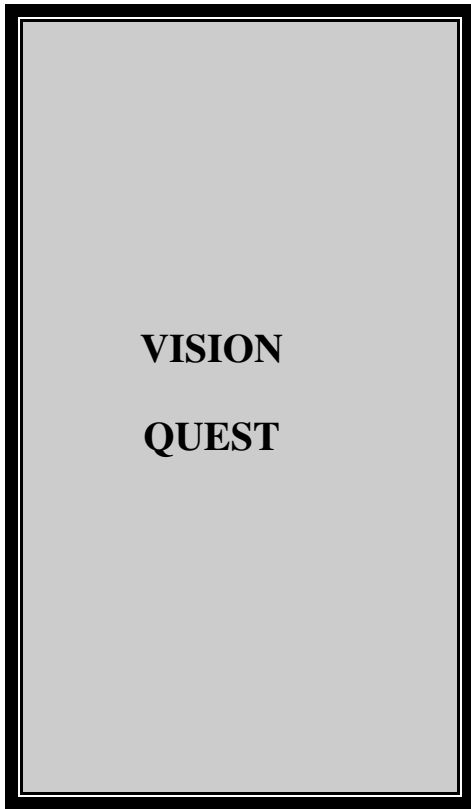
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In a later chapter, we reveal a program that we believe can bring this heavenly city to us for all that are desperate enough. Rest assured, you are invited. Again we apologize for not mentioning some, but they probably would not have liked what we had to say anyway, but they are important to our God, none the less, and again, are cordially invited to advance to the front of the line.

In hopes of explaining the various uses of the different type, we now quote from **HIS FATHER'S TEMPLE**, page v and vi. "Since we are using two other styles of type as relates to quoted Scriptures, let us explain these. When a Scripture is mentioned, by Book, Chapter, and Verse, and the **type** style changes, the **bold** type simply shows that it is a biblical quotation.

Also, after a mention of Scripture, by Book, Chapter, and Verse, and the type is a *formal script* in this Text, the *script*, or **bold italics**, simply signifies the words of Jesus, or more accurately, the words of Christ, spoken through Jesus, which are printed in red in some Bibles. Later in the *noahhite manual*, when we are quoting the sayings of Jesus, using **bold script type** and the **Bible** uses *italics* to emphasize a point, since we are using a form of *italics*, we will just use **bold type**, in the quotation, to show importance. Text changes in type, **boldness**, CAPITAL LETTERS, or underlining suggests significance, and are the Scribe's participation.

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## VISION QUEST

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### 1. EMOTIONS - Healing

To begin with, over the years, we have observed that many people seem to get well, once they have invited God into their heart, and that is all there is to it, for them. We are as far from that truth as can possibly be. The Word, in Matthew 8:16-17 states; **That evening several demon-possessed people were brought to Jesus; and when he spoke a single word, all the demons fled; and all the sick were healed. This fulfilled the prophecy of Isaiah, "He took our sicknesses and bore our diseases."**

We sure will be glad to learn what that single word is! It is apparent, to us, that the various attempts at bringing people to God, in these times, are not working too well either. The hospitals, jails, work release prisons, county work farms, asylums, mental health rooms, courts, and clinics seem to be full to overflowing!

It might be that today's civilization could not possibly believe, with all of the culture and high society, as well as education, prosperity, and success, that this world offers, that humans could possibly be demon possessed. Look at how educated we are. And the number of doctorates, in all of the professions, seem to be growing.

So what is humanities' basic problem? Well, we cannot answer that for you, but we learned that we were filled with anger, bitterness, hatred, greed, lust, rebellion, laziness, rudeness, and in some cases, just plain worthlessness. The world made us that way, not our families. We have no comment on the way we were raised or the education that we received, nor the religion that we were taught. We just ended up wrong!

### 2 EMOTIONS - Healing

Many, that we have heard speak, in recent years, have started the journey to God by simply saying, out loud, "Please help." Others have used very sophisticated prayer, but when the true life guard of Life hears the crying and feels the tears, from the desperate, the Chief Life Guard does get into action. It was so with us! But we had to be at our wits end! It might have to be so with you.

It seems that a few realize that our emotional nature had resentment against anything that had control over us or had any hint of authority. We had been ruled, governed, dictated to, or ordered to do this or that, and a time came when we just simply shut ourselves off from the rest of the world. This was alright, but in doing that we had time to find things that were really not good for us. It took about thirty years, after we had shut ourselves off, for the major difficulties to manifest themselves in us.

Needless to say, we had bedeviled emotions, because we thought that we could find what would please us, and our constitution guaranteed us the right to life, liberty, and the pursuit of happiness. The sick part about our emotional nature, after the fact, was that after we had worked so hard, and enjoyed good things all over this planet, we were no where near being satisfied or contented. Some people were so curious, they even had to go to the moon.

We can now see that our emotional nature had been entrapped into only things of this world that were exciting to us. We had never found anything that was soothing or pleasing to the soul. So we now realize just how driven many of us really were; driven to be successful, driven to be in love, driven to be well educated, or what ever. But there was never any true happiness nor joy for us. We simply kept seeking the ways of the world, that we saw, which seemed to let some people enjoy life.

Now the crushing blow to the human nature, that was our affliction. We kept trying to find happiness, rather than just being happy. All of us, for a period of time, kept trying to find bigger business deals, better lovers, more expensive homes, faster cars - as compared to the old rusted out clunker, nicer clothes, better informed doctors, more expensive life insurance policies, bigger retirement accounts, more understanding spouse, more expensive toys and objects, more romantic and better looking lover, or in other words, we were **NEVER** satisfied.

The main reason that we were never satisfied, is that our emotions were tied to every thing except God. We had loved **everything** on this planet except God. But we only loved things that were pleasing to our human nature. Some of us even had pets that we loved more than God.

Although we **thought** that we had turned to God, completely, we now fully understanding the Scripture in Matthew 12:43-45; *"This evil nation is like a man possessed by a demon. For if the demon leaves, it goes into the deserts for a while, seeking rest but finds none. Then it says, 'I will return to the man I came from!' So it returns and finds the man's heart clean but empty! Then the demon finds seven other spirits more evil than itself, and all enter the man and live in him. And so he is worse off than before."*

So, we understand that this whole world is one massive progressive sickness, without God, but, with God, this world is in perfect harmony. But all demons have to be cast into the bottomless pit. If they, the demons, are controlling us, we are a miserable lot. We found that the Grace of God could control things so that they did not kill us, if we were willing to do some simple tasks, that were foreign to the human nature, but very pleasing to the soul.

Chapter seven, in the first book of the Noahhite Manual, **HIS FATHER'S TEMPLE**, has directions that might help anyone start, if they are looking for a successful way of obtaining a **personal relationship** with their very own **Creator**. Some even call it their Higher Power. May God's best be awaiting you, should you ever try. We believe that it will be! It was for us. But anonymity is a requirement that has helped tremendously.

We ultimately had no choice but to buckle up and hang on to dear life. The last portion of the nineteenth chapter of Matthew had hope that all would not be lost entirely. As a matter of fact, it told us that what ever had been lost would be multiplied one hundred fold, if we could learn to follow Him. Need we remind you that He gave His life to become spirit? We therefore needed the **gift** of the spiritual awakening.

Now, before you make the final decision, as to whether or not you would like to have the human emotions healed, which requires a change of heart, which we sorely needed, let us reveal the Scripture in Luke 15:33; *"So, no one can become my disciple unless he first sits down and counts his blessings - and then renounces them all for me."* There is no course, in any religion, school, or institution of higher learning, which we are aware of, that can even begin to offer what is required along this path of Life. No, it goes against all of the human fiber in our being, because we were one big bundle of fear.

As we ventured into the path of anonymity however, having practiced **all** of the Twelve Steps, to His satisfaction, we found ourselves in His Spirit. Please believe us that His Spirit is much more comforting than the Spirit of Jehovah; that **AWESOME PRESENCE** is subdued in the Spirit of Christ. We know this to be fact!

The word *deserts* in the last Scripture, is footnoted in the bible that we quote. Let us inject that thought into our thinking, at this time. Deserts, to those authors, meant "passing through waterless places." This to us, waterless places, means without repentance. Repentance to us was proving to God that we were terribly ashamed of the way we had lived our life, **after** He had revealed to us, "What God has in store for us, or has planned for us, in the Life that His Son's Spirit is holding onto."

All tried to live through the sickness that we found ourselves in, which had become an illness. The truth was that since we were not under a doctor's care, we did not think that there was really anything wrong with us. We kept seeing programs about serial killers, axe and mass murderers, rapists, terrorists, sexual deviants, and many other rather repulsive types of HUMAN NATURE. But we weren't that bad. Ho Ho Ho!

Once in a while, we would feel better, so off to the races we would go again. Even did some celebrating this time. Never once did we ever think that our life-style was going to have to change, if we were to ever get close enough to God, to receive the healing that is available in the spiritual Kingdom of God. Well, that for us was a journey. It was not a career, marriage, business deal, global ministry, lover, success, fame, fortune, being the anchor of a TV program, nor influence in the world.

No, it is a rebirth into God's Family, of Christ Jesus, as described in the forth chapter of the book entitled **HIS FATHER'S TEMPLE**. Even that could not have happened for us, unless we had joined an anonymous fellowship, which gave us the direction on how this might be accomplished, if we could learn how to **let go absolutely!**

The course of existence, on this planet, offered this opportunity, when we came to a cross-road and had no idea about which way to turn. God, in mysterious ways, got our attention, and after the fact, we could begin to understand **His Word**, in the bible of our choosing, and why we were allowed to turn to His Son.

Please believe that the human emotions, that were entangled in the ways of this world, were strained to their breaking point. Some were even accused of having nervous break downs, in periods of calamity. Prayer, that we will mention, in the next chapter, got us to people that understood the place in life that we found ourselves.

Although several of us had been classified as being a nervous wreck, which we knew to be true, before the healing of our emotions, we, at times, now have to have nerves of steel, to allow the Will of God to be manifested, in its fullness. Years earlier, we had been, possibly the world's worst, at nail biting, ice chewing, and even picking scabs or peeling skin from sun burn. Yes, even though we might have been concerned, we knew better than to act on self-will, this far into the journey!

For those aforementioned demons, that were in us, to be cast out of our being, we had to be willing to continue with altruism, in opposition to what had been attached to the soul, that God let be born. So, for the rebirth to begin we had to clearly adhere to the intent of the Scripture in James 5:16; **Admit your faults to one another and pray for each other so that you may be healed. The earnest prayer of a righteous man has great power and wonderful results.**

At first, we admitted individual faults, in a type of confession, but as we were able to work with others, we could share the part of our past that would help them in their search for God.

This process started the beginning of the entrance into the spiritual realm, which provided the following information, that is best described in James 3:17-18; **But the wisdom that comes from heaven is first of all pure and full of quiet gentleness. Then it is peace-loving and courteous. It allows discussion and is willing to yield to others; it is full of mercy and good deeds. It is wholehearted and straightforward and sincere. And those who are peace makers will plant seeds of peace and reap a harvest of goodness.**

What still surprises us, when we hear preachers, misters, pastors, evangelists, and generally all religious people talk about getting to heaven, they talk about some things that they think might happen. We think that they might be terribly surprised! As an example, we offer the following Scripture for the faint hearted, which is a quote from Matthew 7:21-23; *Not all who sound religious are really godly people. They may refer to me as 'Lord,' but still won't get to heaven. For the decisive question is whether they obey my Father in heaven. At the judgement many will tell me, 'Lord, Lord, we told others about you and used your name to cast out demons and to do many other great miracles.' But I will reply, 'You have never been mine. Go away, for your deeds are evil.'*

Religion has been trying to tell mankind, or humanity, for centuries what has to be done, but for some reason, it has just not connected with the heart. We believe that things might get so tough, that everyone will have to turn to God's Son. It seems that the only ones that truly get to heaven are the ones that are perfectly desperate. And they have to go to God wholeheartedly! No half measures or back sliding is allowed for us. We know that we are at the end of our self-will.

As mentioned, earlier in this chapter, a few of us have wondered what word could have let all of the demons be cast out of the people that came to Jesus? Even a smaller number of us believe that we need, in today's world, to learn how to become a *noahrene* in order to learn how to be eligible to be a **noahhite**, so that the process of anonymity, in and of it's self - in that God can now make a name for Himself, will let us learn how to be Noahhites.

Let us quickly point out that the spiritual definition of Noah is rest. Maybe now is a good time to bring the Scripture in Matthew 11:28-30 to the forefront of our conscienceness again; *"Come to me and I will give you rest - all of you who work so hard beneath a heavy yoke. Wear my yoke - for it fits perfectly - and let me teach you; for I am gentle and humble, and you shall find rest for your souls; for I give you only light burdens."*

The way that we found a path to this type of relationship, was to join one of the many anonymous programs of recovery that this world has today. Most are not too hard to find, even if they are small. Considering the original anonymous effort started earlier this century, and is now active in almost one hundred and fifty countries, it seems clear to us that God is indeed involved in this effort!

And the real key to success, for you, might be that you have to visit one of the larger fellowships in your area, and then start a chapter, or group, of the anonymous fellowship that you need, by learning what the original and pioneering people did, around the middle of this century. But the amazing thing is that they stuck with their efforts of **single of purpose**, and it seems to still be growing, and if the smaller fellowships will stick to their singleness of purpose, we believe that God will bless their efforts too.

What we understand now is that heaven is where some people are blessed enough, and sick enough of this world, and it's ways, that they need heavenly power, guidance, wisdom, knowledge, inspiration, and divine providence, just to stay alive. This is through no act of their own, it is simply so that God's Plan can at last be made known, so that people can learn how to live for what God created, for us, rather than accept the things available to humankind made available by this world and it's ways.

So, are we really ready to forsake this world, and all of it's ways, in order to get heavenly power from God, for His Plan and Purpose, or we going to stick to Satan's power of money and property, for personal prestige, and be a part of the continuum, that started with Adam and Eve? We know that we humans cannot change anything, but wholehearted prayer has often moved the Mighty Hand of God. No we cannot change His Mind either, because that would be like canceling gravity!

Can you imagine the chaos of that maneuver? We learned that we could not negotiate, dicker, bargain, plead, or even beg God for his mercy. We just had to accept it with all of the other tenants that we had been taught. The good news is that God is still changeless.

But those of us that had been emotionally sensitive really had a rough go of it. The bedeviled emotions that we had to have cast out of us was just about our undoing. The way to God is always easier than the ways of the world, but even many of the Israelites, in Moses's Exodus wanted to go back to slavery. They knew what to expect out of their mean task masters, but the fear of the unknown, they were not able to face. So God put them out of their misery by letting them all be killed. He knew of the tough times ahead in the Promised Land.

Again, our success is due to being in an anonymous program of recovery, and taking the suggested steps to have a deadly fatal malady put to rest, in order to find a spiritual awakening. None of us knew anything about the vocabulary that those people were using, when we first arrived, and it took a long time to learn their words, and even much longer to **understand** the words of recovery. Those words were not a part of the vocabularies, in our various trades, careers, or professions. The process does require time, but if there is not a start, there cannot be a finish!

The reason the word Noahhite was coined, was due to the fact that **after** the flood, Noah got off of the ark, planted a vineyard, and became a drunkard. If you cannot find the fellowship that you need, we believe that you will be cordially welcomed at any Al-Anon meeting, which pertains to people that have a spouse or relative that has a problem with alcoholism(drinking alcohol).

In addition to that truth, allegedly, open AA meetings are "to welcome anyone that wants a spiritual way of life." We believe that if that is true, then it will not be important what your actual affliction might be, other than alcoholism, and you will be willing to learn how the original fellowship grew and flourished. Then you will be prepared and ready to get the fellowship that you crave started, in your community. Most of us have attended more than one anonymous fellowship, but ultimately had to settle in with one that treated the primary disease or illness.

We do hope, and pray, that the *local* inter-group offices, of the larger fellowships, such as A. A., Al-Anon, N. A., Nar-Anon, C. A., and Emotions Anonymous, will have, at their information centers, more information as to the time and location of any and all anonymous meetings.

Since we are in the chapter on emotions, let us now give several definitions and see if we can come up with a clear picture of what emotions really are.

- a) Emotion: 1. Agitation of the passions or sensibilities;
- 2. A strong complex feeling as of joy, sorrow, or hate.
- b) Emotion: Intense feeling.
- c) Emotion: 1. Strong generalized feeling; 2. Any specific feeling as love, hate, fear, anger, etc.
- d) Emotion: Extreme feeling of love or hate.
- e) Emotion: Intense feeling as of love, hate, or despair.

This should give us enough to mull over, to try to come up with what we have discovered, on the inside of us, at various times in our lives, unless we have been medicated, by what ever means, to the point of not having our emotions available to show us our human nature. But what we found was that after our true emotions had been revealed to us, we did not like the way we felt, after they had caused us to do things that we did not even like doing.

So we learned that we wanted our emotions tied to God, rather than things of this world, that always caused us emotional upset, regardless of whether or not the experience was good or bad. The end of the wrong extreme always got us into trouble. We had to have a way out of our human emotions that had caused us so much grief and misery. This process requires balance.

Many of us had been diagnosed as being manic-depressive. The medical and mental health community today calls that disorder bi-polar. What this means in simple language to us, today, is that we have all found things that stimulate us as human beings, but when we lose that stimulant, watch out.

Maybe you have had your own bouts with these emotions run wild, that caused certain amounts of misery, that you felt that you did not deserve. We certainly felt that we were victims of wicked and evil actions. We even felt that at times there might have even been a conspiracy.

The mental health community might call that paranoia.

We suspect that we would have remained victims of other peoples actions, never having to look at our own actions, had we not made it to one of the anonymous fellowships, in a state of hopeless desperation. The pitiful and incomprehensible demoralization that we found our selves in, as we look back on those days, as compared to where we are emotionally today, is the difference between hell and heaven, literally!

Rather than spend voluminous sums of money in the various professional fields, that are trained to help people of our sort, the most it ever cost us was what we did have in our pocket, the day that we attended one of those darned anonymous meetings, where all of those *sick people* gather. Little did we realize how very sick we were, as being eligible to receiving the Kingdom of God, which for us required heavenly training, or discipleship training, to the fullest! This type of adventure is waiting for you too, if you think that it will be of benefit to you, as an individual.

If you attempt to try this for some one, other than your self, it might not achieve what it is capable of demonstrating, in your personal life. Please believe us when we say that we were desperate. We were at the jumping off place, to say the least. But the people that we met, that were willing to share with us, without any profit motive or selfish interest, still amazes us. They were just learning about altruistic service to others, in order to feel right about themselves, on the inside of their being; happy.

We finally accepted that we were not normal people. This made us work all the harder at finding away to over come our human nature, that all ways got us into trouble. Once, while reading a dictionary, we came across a definition that applied to the time of the stock market crash, in the late twenties, of the twentieth century. The definition applied to The Great Depression. The simple definition that they gave was something like, "reduced financial status."

It appears to us that when some of us humans find ourselves in the middle of a personal depression, it might be that we are finding ourselves in a state of *reduced status*, as to the way the rest of humanity has the privilege of living, which we can no longer enjoy, *and continue our journey to God*. Sad as this might be, this has been truth for us, more than once. God knows that most of us have tried to find the easier and softer way, but it was not to be had by us.

Several pages back, we mentioned that sometimes our emotions had not surfaced, because we had been medicated. That to us simply means that we were wrapped up in our religion, or obsessed about the new boy or girl friend - especially the new exciting lover, working double or triple time on that new job, going after that new business deal with a zeal that we did not realize that we possessed, having to do something unethical in order to obtain, or hang onto, the new car or home. Yes, and even being on medicine to the extent of being dead to emotion.

There were all types of distractions that we did experience along the path of life that we seemed to regret, after we had time to reflect on the actual situation that we were coming out of. After the fact information, and feelings, had a way of almost destroying us!

The people that started this original anonymous deal were generally older male members of society. Life had beat them up all they could stand, and they had become tired of the high cost of low living. Their secret, to finding a new life, was to learn how to give up their life with the first three steps of their suggested anonymous program of recovery, then learn how to clean up their old life with the middle six steps of the suggested program of recovery, and finally, they learned how to live up spiritually with the last three steps of the suggested program.

In other words, at anytime, you may choose to go a different way, to enhance your spirituality. There are no teachers that give out passing or failing grades, no parents holding hammers over us, nor doctors seeing to it that we take our prescribed medicine, and no police persons telling the judge whether or not we fulfilled the obligation to the judicial system. The people that are there are from Yale and Jail, old and young, male and female, as well as every race under the sun are represented. All political as well as religious views are present too. These facts are why singleness of purpose is such a treasured quality that each fellowship strives for, so that safety can be maintained.

What is also available, to all who might attend this type of function, to find a path to God, to what ever God you think that there might be, is entirely up to you. Available to all is a collective experience that has been taught and learned for decades! The people that succeed are the ones who contribute. The ones that just take rarely make it. Many keep trying until they do however.

The greatest miracle that most have found, is that where ever life sends them, as relates to new job, new climate, new spouse, or what ever, the larger fellowships, in a new town, is there waiting on them, when they arrive.

The most critical aspect of this type of effort, should you choose to start - if you are desparate, don't stop seeking. Let us now quote truth and understanding from the words in Matthew 6:34; **"So don't be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time."** In order for our emotions to be tied to God, this is perfect truth. The one that has perfect leverage, with the Father, is His Son. And in that concept of guidance and inspiration, we can make it to the destination of Paradise.

Many a demon was cast out along the path, so that we could be emotionally healthy. But we first had to have mental health, by working all of the darned steps, and getting rid of the old and limiting ideas. Now we need now to quote Luke 13:32; **Jesus replied, "Go tell that fox that I will keep on casting out demons and doing miracles of healing today and tomorrow, and the third day I will reach my destination."**

It appears to be time to investigate the self again. Most dictionaries have categories from self-abasement to self-worth. There are over one hundred and twenty types of *self* that are included. We have heard much about self-confidence, self-respect, and self-justification, not to mention self-forgiveness. Let us now hear what is written in the Book of James 4:15-16; **What you ought to say is, "If the Lord wants us to, we shall live and do this or that." Otherwise you will be bragging about your own plans, and such self-confidence never pleases God.** Do we need to say anything else?

What most of us tried to do was to be successful. Now we are trying to be esteemed in the Kingdom of God. We now understand that real confidence is in our Creator, our Comforter, and our real Higher Power.

Before we close this chapter on emotions, let us tell you about what one of our friends use to share frequently, in one of the anonymous meetings. He related emotions to having the same qualities as rocks. It seems that if we stuff our emotions long enough, they are like rocks being stuffed into our hip pockets. Sooner or later, our pants are going to fall off, and we are going to show our ass.

In looking back at our lives, we can clearly see many instances in which our anger got the best of us and we would take it out on something or somebody. It was not that we were really mad or disturbed at them, or it, but things had definitely not been going our way, and we had reached the breaking point, unless we let off the steam that had built up, over a period of time. We had to learn how to aim our anger in the right direction.

How many times have we been in a check out line, or even in traffic, and have seen people loose it, over what seems to be nothing, but they too have lost their cool. The pressure cooker has to go off, or explode! When we see the seething cauldron brewing, in some of our friends today, we just either stay away from them, or try to be helpful, *if they reach out for help*. A quick silent prayer, even if it is just, "Bless them God," is important for us to remember, even though they may not want to be rid of their resentment. *Minding our own business is important to us today.*

As the journey of recovery continues, and our emotions are gradually being tied to those things, in the spiritual realm, that God teaches us to believe, through our own personal Higher Power, we can then not be to concerned about the things that are so disappointing in this world, that use to make us loose our cool.

Recently we mentioned self-respect. Know that there is a difference between Self-respect and self-respect. It also applies to, **"Love your neighbor as you love your self."** What we are trying to relate is that how ever we are treating our neighbor is how we are treating ourself. Is there love, or is there selfish motive involved in our action?

If fear is the motivator of our actions, and not faith, then we know that there is a long road of reconstruction ahead, to get the path clear, in order to have God involved in it.

The more we were able to learn how to act correctly, and respect others, by telling them the truth, or by not acting on pride, greed, or lust, and just simply walk humbly with the Grace of God in our Heart, the more respect we received. This, to us, is true Self-respect. Plus it was the even keel and perfect gyroscope that was needed for us to have the emotional balance and health that was mandatory for us.

Let us again state that the time might come when all of God's people have no choice but to turn to His Son's spirit, through an amazing mysterious process, starting with the event not limited to an act of desperation. We hope for full understanding of the Scriptures in Mark 13:18-20; **"And pray that your flight will not be in winter. For those will be days of such horror as have never been since the beginning of God's creation, nor will ever be again. And unless the Lord shortens that time of calamity, not a soul in all the earth will survive. But for the sake of his chosen ones he will limit those day."**

Our flight is discussed in a later chapter. But none of us could have made it without singleness of purpose! That is one of the requirements of true recovery, in any and all of the anonymous fellowships, if there is to be victory. The next chapter is about prayer and being chosen. Hope you are still aboard for God's continuum.

And even when there is a tremendous strain on the emotional nature, it seems that God's Spirit has, at times, literally turned us around, and walked us away. It was from a dangerous situation, either to ourselves or to others.

We remember hearing, along time ago, that we need to think of anger as having a "d" in front of it, representing danger or even death; d-anger. The stupid little things that we were taught as children, like, "Count to ten before you blow your stack at somebody," became an important operative for us. One remembers even being told, "If you ever get control of your anger, you will really go places."

But to examine what emotions of this world are tied to, let us quote the Scripture in Matthew 6:24; **"You cannot serve two masters: God and money. For you will hate one and love the other, or else the other way around."** But let us not be concerned, the next instruction to us, those of us that are seeking God, is very clear.

Let there be full understanding of Matthew 6:25; **"So my counsel is: don't worry about things - food, drink, and clothes. For you already have life and a body - and they are far more important than what to eat and wear."**

But even with all of this wonderful harmony that is available to us, while our emotions are being healed, as the demons are being cast out of us, we were not afraid to remember Jesus being angered, and chasing people out of the temple area with a whip. We tried several times, but our human anger was not strong enough!



*"You gave me the glory because you loved me before the world began!"*

*"O righteous Father, the world doesn't know you, but I do; and these disciples know you sent me. And I have revealed you to them, and will keep on revealing you so that the mighty love you have for me may be in them, and I in them."*

What could anyone possibly have to say, except praise, on such a wonderful prayer? We certainly have no comment, just contemplative gratitude!

In order to grow spiritually, after we were chosen, we have learned that a certain type of praying, or speaking to God, is helpful to us. As a matter of fact, it was mandatory for us; actually imperative. Let us start with negative truth as described in Romans 8:26-28; **And in the same way - by our faith - the Holy Spirit helps us with our daily problems and in our praying. For we don't even know what we should pray for, nor how to pray as we should; but the Holy Spirit prays for us with such feeling (Mosaic Feeling), that it cannot be expressed in words. And the Father that knows all hearts knows, of course, what the Spirit is saying as he pleads for us in harmony with God's will. And we know that all that happens to us is working for our good if we love God and are fitting into his plans.**

In other words, generally speaking, when ever we pray, without the spiritual help of the Holy Spirit, we are telling God what to do, and therefore, we are telling him to be our servant, whether it is right or wrong; good luck. This must be changed to a spiritual concept of us learning how to serve God, if we are to be granted the gift of the Pure Heart. There has always been controversy of the "speaking in tongues" concept. Now we add our opinion.

Some older translations state it this way. *"What proceedeth out of a man defileth the man."* Gosh, there sure is a lot of work ahead for some of us isn't there?

Well, back to the subject of speaking in tongues. It is not that every one will need to speak in tongues. As a matter of fact, this particular gift of the Holy Spirit will some day pass away. It is not eternal. The point is, "we are willing to grow along spiritual lines," as our way to eternal life, and we are learning how to receive spiritual growth, not of our own making. We believe that this is the surest way to let the fear based eGo be replaced with faith from God. If we continue to pray to the eGo, which is fear based, then we know that we will continue to get sicker, rather than well! We need only remember that our own little plans led us into perfect bondage, failure, and slavery.

Again, as we began the process of developing a prayer language, *in tongues*, the eGo would kick in and tell us that we had finally flipped our lid. We didn't know what we were doing, but we were at least willing to try.

A few of us just, occasionally, repeated one word; over and over. One expression that we remember is as follows: **cha-loa-ta, cha-loa-ta, cha-loa-ta**. Maybe we were thinking about chocolate. After a few weeks of repeating this phrase, we no longer felt embarrassed, even though we were in perfect privacy when we were saying this. At first, we were learning how not to feel funny about what we were doing. Another utterance of the Spirit might have been **pro-ma-la-chaa**. After several months of this exercise, we could be, at times, rather fluid with the help of the Spirit. We were no longer uncomfortable either. What we were oblivious to were the many hidden prejudices, that were hidden in the human heart.

Let us, at this time, bring a few Scriptures to our consciousness, and then we will try to share some of our experience, so that you too, should you desire, ask help from the Holy Spirit. First let us understand Acts 2:4; **And everyone present was filled with the Holy Spirit and began speaking in languages ("in other tongues") they didn't know, for the Holy Spirit gave them this ability.** Next, let there be full understanding of 1 Corinthians 14:4; **So a person "speaking in tongues" helps himself grow spiritually. . .**

When we were being exposed to this type of communication with God, most of us felt extremely awkward if not even downright uncomfortable! We believe that this might have been caused by the fact that we had been in religions that had never even tried to explain the beginning of this important process. Of course it is for those who need to grow along spiritual lines. Not everybody has that need. And please keep in mind that it is absolutely a gift of the Holy Spirit. Not everyone will be given this gift.

What we now understand is that speaking in tongues is a communication directly to the throne room that cannot be intercepted by any of Satan's fallen angels. Just as God always responds to His True Spoken Word, Satan also has a way of being able to function on all things that we humans say whether we want it - the evil power of this world, or not. We give permission both to God, and the evil one, by what we say and even by what we think!

Now let there be perfectly clear understanding of Mark 7: 14-16; **Then Jesus called the crowd to come and hear. "All of you listen," he said, "and try to understand. Your souls aren't harmed by what you eat, but by what you think and say."**

After a few years of this practice, occasionally, we only used this type of communication when we perceived that we were in a very serious situation! Certainly, we had no idea of what was being spoken to the throne room. But we believed that it would help.

Saint Paul's writings taught us that we had to be happy whether we had a lot or a little bit. Some of us worked hard to get to the top. It is not hard to be happy, when you have every thing that you want. It is not as easy, when you don't even know how you might eat today, not to even mention when there is no transportation, home, checking account, phone - don't even think about a cell phone, or even a pillow of our own. It took a miracle from the Father, for us to be happy in those predicaments and situations. Please believe we faced incredible times, without any stock piled resources!

Now we need to remember that He was born in a manger - in the barn yard, not in a mansion. But let us not loose site of this perfect truth; Our Father's Mansion has many rooms! They are already prepared for us. We just have to learn how to grow into them, spiritually. At this point, let us be reminded that in the Sermon on the Mount, Matthew 6:8 Jesus teaches; **"Remember, your Father knows exactly what you need even before you ask him."**

We think that the main reason that Our Father knew how to take care of us was that the old human mind thought much about a lot of different worldly things. They were our fears and sorrows, even though we did not confess these things publicly. During this long process, **all** of our **needs** were provided. Most of the time however, we had to accept conditions much less than we were accustomed to! We know of no government policy or organized religion that can provide all needs.

If we did not balk, at the lower than usual lifestyle conditions, the benefits on the other side of hardship were always more than expected. As we kept being cut away from old limiting ideas, the freer we were to enjoy the Heavenly Realm. The more access that we had to the spirit, the better off we were. And at times, in this type of hardship, rather than pray to the eGo, the new mind would occasionally think on these things, in meditation:

*I know your needs even before you pray.*

*Don't you use many words with God, he is busy.*

*Resist not evil.*

*God is changeless. We need His Spirit to change us.*

*Be still and know that I am God.*

*Love all of your enemies. Do good for them.* (whew)

*Thank God that this came to pass and not to stay.*

*I know your every thought.*

*Fear not, your pay is coming from Christ.*

*If you truly want to be great among many, be a servant to them all.*

As we were able to internalize these thoughts, we did let God discipline us. A few of us said to ourselves, many times each day, God's will be done, not ours.

**can't understand at all. How could he? For certainly he has never been one to know the Lord's thoughts, or to discuss them with him, or to move the hands of God by prayer. But strange as it seems, we Christians actually do have within us a portion of the very thoughts and mind of Christ.**

Concerning the old human mind, it certainly takes a lot of willingness, discipline, and determination to let God complete His Mighty Work. We literally have to be torn down to a raw shell, after complete defeat, to be restored, or reborn into the family of God. It is not an easy task!

Many times, when one of us was under direct orders, about telling the truth about "recovery", and the message that he carried was not popular, he was verbally attacked because the people that had their eGo threatened, in an unacceptable fashion, fought back with an angry attitude, not violence, just anger being conceived in fear. One last thought to those that might still be skeptical about speaking in tongues.

Even if you have not had children, or a child, try to imagine how pleased a parent might be when the first words are being formed and uttered in their young off spring. Before the child learns how to speak, there are a lot of goo goos or da das. As the new mind begins to form, the spirit can begin to speak God's thoughts into existence, with the help of the Holy Spirit, without fail, all by just trying to speak in tongues.

As God's Spirit grows in us, we find ourselves praying less and less vocally. More and more, the Holy Spirit in us joins God's will and powerfully whooshes the prayer of the spirit around. Sometimes maybe even half way around the globe. Much later on in recovery, after we have had much spiritual growth, that we do not necessarily

At other times, when the going was even rougher and tougher, we at times had to praise the name of Jesus, or our Heavenly Father, or other phrases that we were comfortable with. The more that we praised the name of our real heavenly Father, the more comfortable we felt in our own skin, *after He had cast out our demons, of that day*. Another thought that comes to mind is, "Thank you for blessing your Holy name Father God." Vocal phrases of this type, we believe is a help to humankind, whether they want and or need help or not.

It is important for us to mention non-action, in certain situations. Some recall the story of Gandhi, definitely a man of God, in our opinion. He considered himself a member in both of the major religions of his homeland. We were amazed to learn that he quoted and lived, to the best of his ability, the Scriptures of the Bible.

We never knew him to preach. He just set an example by his own actions, or in his lack of action! We recall several times that he fasted, almost unto death. But what an example. By his refusing to do anything, except fast and meditate, God brought the two warring religions of his country to peace, so the people could live in harmony. After the people came together, God let their Government Over Lord be removed from their homeland. To us, that is real power! Let us repeat the Scripture in Psalm 46:10 (KJV) for the desperate; **Be still and know that I am God.**

Let us again be reminded that in the rebirth, which is described in detail, in the book **HIS FATHER'S TEMPLE**, we are to receive the Mind of Christ that God has ordained, which is written about in 1 Corinthians 2:15-16; **But the spiritual man has insight into everything, and that bothers, and baffles the man of the world, who**

understand, we sometimes experience, *"Then you will present your petitions over my signature! And I won't need to ask the Father to grant you these requests,"*(John 16:26) Please remember that these gifts take us years to have developed, certainly not days, weeks, or months.

The only prayer that we believe will be helpful to all, who would like to start their journey to God, out of their messed up life, in order to find a **new life in Christ**, the New Jerusalem, is as follows. In doing this exercise, we ask that all who are present, when this prayer is being read, to pray out loud the following Third Step Noahhite prayer, if you can:

*Almighty everlasting Father God, only you truly know the mess that mankind has gotten into in the first six days of your creation. You know that we need the Messiah. We humbly ask that you take us and create us into the image that you have of us, in the family of Christ Jesus. We honestly thank you for letting us learn how to let your Holy Name be glorified. We ask and receive in the name of your Risen Lord Jesus Christ. Amen*

As we persisted in praying this prayer out loud, to God's satisfaction, we became confident about receiving the much needed enhanced spiritual status that is required to be in His Kingdom. We found it necessary to voice this prayer, until God was convinced that there was no department of the old life that we wanted to hide, or keep to ourselves, as relates to old habits that were harmful to us, or others!

If you were unable to pray this out loud, at this time, we do understand. It is OK. Much time is needed to really get on a path to God. It was frightening to us too.

We hope however that you will not be too concerned about what might happen up ahead, based on Psalm 128:5 which states: **May the Lord continually bless you with heaven's blessings as well as human joys.** Please do not be concerned about all of the old human fleshly nature. If and when God needs to change that, He will. It was so with all who have come to God, through His Son's Spirit.

Given enough time, we believe that all who truly want to get to God, will be able to learn how to voice this prayer without reservation. That is mandatory for any and all Noahites or Noahrenes, but this process does take time.

Another thought just came to us about meditation. Let there be full understanding of the Scripture in Philippians 4:8-9; **And now brothers, as I close this letter let me say this one more thing: Fix your thoughts on what is true, good, and right. Think about things that are pure and lovely, and dwell on the fine, good things in others. Think about all you can praise God for and be glad about. Keep putting into practice all you learned from me and saw me doing, and the God of peace will be with you.**

That sure is a very tall order for some of us blabber mouths, since old habits die hard. It took some of us a long time to outgrow the old nature, and still yet, some might not be able to outgrow parts of the old nature at all. But still and yet, all things are created new, in Christ!

Many times the old mind had thoughts that were way off of the Mark, of Christ in our Heart. And at times, we remember what someone said, "Take time to think things through thoroughly;" the seven t's of patience. This process prevented us from getting into situations that would have required lawyers and courts to get us untangled from, as relates to our twisted and knotted messes!

We praise God for letting there be full understanding of John 4:21-24; **Jesus replied, "The time is coming, ma'am, when we will no longer be concerned about whether to worship the Father here or in Jerusalem. For it is not where we worship that counts, but how we worship - is our worship spiritual and real? Do we have the Holy Spirit's help? For God is Spirit and we must have his help to worship as we should. The Father wants this kind of worship from us. But you Samaritans know so little about him, worshiping blindly, while we Jews know all about him, for salvation comes to the world through the Jews."**

Let us, at this point quickly give our definition of what is being said about God's Jews. We believe that this type of person is an Israelite, Jewish Christian, Christian Jewess, or Reborn Gentile! These are all of God's Children. Certainly He has other churches, but this is one of His Seven Churches that we know about! We are even bold enough to believe that this might be God's Greatest Church, the Church of Brotherly Love, **which might also be the church with the greatest tribulation.** Not every human being is going to be given the privilege of carrying around the Precious Seed of Christ with them, twenty-four seven.

The main requirement and ingredient for this privilege is to be totally dependent on God. Not only for his undying love, but God must also supply all of our needs! Not necessarily any of our wants, just needs; food, shelter, transportation, money and you name it. Of course all of this is provided gratuitously, without any effort on our part being based on fear! We can not rely on human resources. That is a no-no.

We have heard that God helps those who help themselves. We remember the Scripture as, **"God helps those who depend on him."** Really, this is the easier way!

This thought brings us to the Scripture that definitely needs more explanation than we will be able to give it, here at the close of the twentieth century. When thinking about some of the cost of the legal process, and still no real money or justice, we do perfectly understand Luke 12:58; **"If you meet your accuser on the way to court, try to settle the matter before it reaches the judge, lest he sentence you to jail;"...**

It was extremely difficult for us but we even learned how to drop lawsuits against people, even when we thought we were legally and morally justified; not only that, we were right! But we did cease fighting any thing and every body! What a miracle.

Let us not be too concerned about how long this process takes. We need now understanding of the Scripture in Mark 11:17 which states; **He told them, "It is written in the Scriptures, 'My Temple is to be a place of prayer for all nations,' but you have turned it into a den of robbers."** It is our belief that the Temple of God, in Jesus, was in Him, mainly between the two temples in the head of Jesus; predominately His attitudes.

As we receive the Mind of Christ that is created for us, let there be full understanding of Romans 2:29; **No, a real Jew is anyone whose heart is right with God. For God is not looking for those who cut their bodies in actual body circumcision, but he is looking for those with changed hearts and minds. Whoever has that kind of change in his life will get his praise from God, even if not from you.** We need to now remember that God's Son said that He was, and we believe still is, the King of the Jews, God's Jews, not this world's Jews.

Having stated these truths, let us now examine more about why we need the spiritual awakening, and of course spiritual development.

We heard that Benjamin Franklin coined the phrase, "God helps those who help themselves." If we think about it, anything that does not have inspiration included in the action is, to us, considered self will. We learned long time ago that any human being that acts on self will is playing like they are god! As a matter of fact, the self is their god. To be relieved of self, for us, is a life time goal. Prayer is a requirement, in this process.

Another point that we believe needs to be brought to the forefront of our consciousness is the word worship. To us, this word is made up of two words; worthy, and ship or vessel. Until we were able to let out all of our garbage, through anonymous recovery, which included disposing of all of the debris on our side of the street, we were not even eligible to receive the gifts of the Holy Spirit, that God wants us to have available to us. But that is what contains the real power that we now want and need.

The spiritual bathing, through the repentant life style of living, in the water baptism of John the Baptist, is also explained, in detail, in the first book in our manual. The perfect cleansing always made more of this precious spirit available to us, so that the will of God could be made manifest. The recovery deal is not about us, but it is about God's plan being made available to human beings that want, above all else, what God did create back in antiquity.

Now let there be full understanding of Mark 11:24-25; **"Listen to me! You can pray for anything, and if you believe, you have it; it's yours. But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive you your sins too."**

If the gifts that God did create are to be received, forgiveness is mandatory! The process for us that we found successful is as follows.

With the list of people, that we had harmed and been harmed by, in our hands, we humbly asked God to receive these names in the Body of Christ. We then, when the hurtful event came back to the human mind, asked God to bless these people until they were no longer a part of our ill feelings. That is what a resentment was to us; harboring ill feelings. That illness did have the power to kill.

The most difficult state of mind for us to achieve, in the last Scripture, is the ability to actually *believe*. It is one thing to know, and yet a very different thing to be in hardship and just believe. Self centered fear made us do a lot of dumb things! Now that we look back on it, we understand how it controlled, dominated, and ruled our every waking moment. Let us give you a clue, with a very small list, of what some of us actually believed:

*I will not be caught, when I break the law;*  
*the police will punish me;*  
*a successful career will satisfy me;*  
*money would fix all of my problems;*  
*the opposite sex will make everything alright;*  
*the insurance company will settle my claim;*  
*judges will rule in my favor;*  
*lawyers are on my side;*  
*religion will take care of the hear after;*  
*education will soon be over;*  
*making money through work is fun;*  
*the doctors can heal me;*  
*we will be well when we leave the hospital;*  
*health insurance will pay all of the bills;*  
*the bank wouldn't bounce my check;*  
*the giant utility monopoly will not cut off my service;*  
*that person, that I am in love with, loves me;*  
*medicine will make me feel good;*  
*they aren't laughing at me.*

Let us briefly return to the last Scripture, for a moment and study one of the words that Jesus used; *grudge*. Two definitions of this word are as follows:

To be reluctant to give (verb); A feeling of deep seated resentment or ill will (noun).

It seems to us that this speaks clearly about this world's larger corporations. How much can we get seems to now be their motive for being, rather than how much can we give? In the millennium rule of Christ, we believe that new information will be available to bring things down to the actual community that people live in, that can make them complete, rather than rely and depend on all of the things that we humans have relied on here to fore. But we, as individuals, will need to focus on providing people's **NEEDS**, not necessarily their **WANTS**.

Seldom do recent generations ever hear about the earliest of the pioneers of this great nation, that arrived in boats, got off of the ships, got down on their knees, and asked God to bless this land. That request, we believe, is still to be manifested! They had a very important leading, to leave their homeland, and follow their conscience. Now we might have to do the same thing!

One of the strangest paradoxes that we had to understand is about giving. The perfect truth for us was finally coming to grips with the thought that we really did not have or own anything, *until we had given it away*. Then it became ours, after we had given it to God!

But our lending institutions would never have given us the loan, to get into debt, by looking at what we had given away. They wanted to see how much we had hoarded up. How successful had we been in accumulating all of this worldly stuff?

Do you get the drift of how tied up in this world we were? It has been a long and tedious journey to get to the point, in spiritual development, to even know what to believe, that has eternal value, coupled with believable information, that we can live toward, that the human mind can understand! But it is worth the effort, no matter what it cost. We find it so, to this point anyway, and we do not have another book planned in our lineup, yet.

We need to reemphasize what we use to be about, as relates to the way of the world, that we were so engrossed and engaged in. The importance of the old lives in pride was about the following: job, spouse, money, home, families, car/s, art, stocks, religion, real estate, politics, insurance, lawsuits, the right doctor and lawyer, and vacations galore. We really thought that we could receive what we wanted, if we did a good job, in the above.

Well, this country is based on freedom. And at the core of the established tradition, *life, liberty, and the pursuit of happiness prevail*. What happiness means to us today means to be blessed. We learned that we need not get lawyers and bring lawsuits in order to find justice and happiness.

We also learned that the doctors, with their medicine, could not make us feel good. That, we learned, feeling good, had to come from God, by doing the right thing! In other words, the only place that we found true equality was found in the Kingdom of God. Hope you get there too.

But another absolute main ingredient for us was to **cease fighting!** It finally became clear to us that politicians kept us focused on the problem, telling us how much more money was needed, rather than give us the right solution. They kept trying to legislate morality, but there will never be enough money to **enforce** all of their laws. And they keep on passing new ones. God please bless them too.

Yes, money and property, for personal prestige, did dominate our old activities, which was our life, for a long time. But now we live for different motives, with new friends, with new ideas, and new activities. What a difference a day makes, if we can stay alive through the real hard times of going through the rebirth process. Prayer was, and still is, very important to us!

Another significant lesson that we had to learn was to give, with no strings attached. When we were on a path, with a needy person, we were able to give out of what we did have. We certainly were not able to give something that somebody else owned. And it always did people harm, if we gave to them, and then put them in debt to us. We had to *freely give* in order to freely receive what God likes to give us; His Love - *charity*, faith, forgiveness, grace, hope, mercy, and finally the desires of the new heart that He truly created.

We finally accepted and understood that the most important gift that we could possibly be the recipient of, on this earth, is forgiveness. This is not to say that we have the power to forgive. Luke 23:24 states; ***Father, forgive these people," Jesus said, "for they don't know what they are doing."***

In other words, even God's very own son could not forgive, but he knew that His Father could! If we could forgive, we would be God. But by learning how we should forgive, we were able to get close enough to God, in order to learn about eternity, and its perks.

*But the appropriate suggested anonymous program of recovery continues to do the deal for us, because of the Twelve Steps and Traditions. We believe the principle of the twelve disciples that God's Son was given became His Spirit which taught us His Way.*

