

**RECOVERY WORDS**  
**WITH DEFINITIONS**

**FIRST EDITION**

**RECOVERY WORDS**  
**WITH DEFINITIONS**

**In the year of our Lord 1996**

***For Any Anonymous Seeker of Recovery.***

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### RECOVERY WORDS WITH DEFINITIONS

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In hopes of a better common understanding of what a **new** vocabulary is for us, of any anonymous recovery fellowship, we have undertaken the task of looking, in a variety of dictionaries, to find what we believe will help any anonymous member, with definitions that might produce more unity in the fellowship that we are in.

We truly hope and pray that the infringement of copyrights, if any, can be over looked by the dictionary publishers. We are just trying to help meet some of the needs, of recovering people, of all fellowships, races, creeds, religions, politics, and gender.

Though there were many dictionaries that were used, some old and some new, some hardback and some paperback and even one computerized dictionary, we just used the one that was convenient at the time we were adding the words that came to mind that day. We have been working on this effort for several years. We did not choose a definition because of the wording, we just used the book of our choosing, based on the mood that we were in, on the day that the words were added to the list.

You will notice that we have added a page, for additional words, in the back of this small book, so that you might add words that you need clarification on. When you have several good ones, with their definition, out of your conference approved literature, we would appreciate it if you would pass them along to us. We might come up with the second edition. *The best to you and the people that you work with.*

## **LIFE - Recovery**

**Some people believe that Eve convinced Adam to reject the tree of LIFE, by partaking of the tree of knowledge of good and evil, and a few understand that Noah got off of the Ark, planted a vineyard and became a drunkard. We understand that most of the world is drunk, even though alcohol might not be involved. What are we doing today, about these ageless seemingly fatal problems, for those of us that think the Good Book is truth? Or, in other words, what is our recovery about today, or even better, where are we in recovery today?**

The most cherished quality that any fellowship has is unity, which provides safety. We hope, pray, and trust that this effort will not interfere with the message, in any of the fellowships where people are suppose to carry, to their individual members, their own Conference Approved Literature, which is their Twelfth Step. John 7:16 states; *"Anyone presenting his own ideas is looking for praise for himself..."*

Nonetheless, the fact remains, the book Alcoholics Anonymous is now the grand daddy of all anonymous programs. We believe that each started because of the harmony, peace, love, tolerance, and usefulness that people have been witnessing, in AA, for many decades.

*We thoroughly understand however, that we do not want the Big Book message taken to other fellowships, that have the equivalent of their own Conference Approved Literature. That would be terribly dangerous, divisive, and disruptive in our opinion!*

We remember hearing how one anonymous fellowship member attended a civic club's early formation meeting,

in a rural area, and declared, "After seeing all of the various politicking going on, in that room, between this or that click, over their pet project or peeve, I had to return to my roots of harmony, based on a singleness of purpose!"

Close to twenty years later, he heard that the civic club had used his name as being one of the founding members. Another anonymous member had attended an anonymous recovery meeting, which this guy with five others had started, about eighteen years earlier, when the meetings were in a rural volunteer fire station, but now they meet in a church where that same civic club meets and there was a bronze plaque, with his name on it, at that church. The alleged founder told us that he only attended one civic club meeting. Oh what a tangled web we wove when we lived a life to deceive.

We have found the word life, as well as other related words, in the original recovery book and took to task to find out how many times these words were used. Should you choose to read the book Alcoholics Anonymous, we trust that you will not find it to difficult to substitute your own personal skull and set of cross bones - your personal poison, for the word alcohol, and or related sequence of words. We truly hope that you find this effort helpful. We now quote, from A. A. W. S. copyrighted phamlet, "Co-Founders of Alcoholics Anonymous:"

"At that point, our stories didn't amount to anything to speak of. When we started in on Bill D., we had no Twelve Steps either; we had no Traditions. But we were convinced that the answer to our problems was in the Good Book. To some of us older ones, the parts that we found absolutely essential were the Sermon on the Mount, the thirteenth chapter of First Corinthians, and the Book of James."

This is an excerpt from page 9 in AA ® pamphlet "Co-Founders of Alcoholics Anonymous" © 1972, 1975, Copyright by The AA Grapevine, Inc.; please see disclaimer on page ii.

Now we list, by page number - pg and line - ln, the references to the word **LIFE**, in the book Alcoholics Anonymous. The roman numeral numbers work in the pocket size edition by deducting ten from these numbers.

Since we were not allowed to quote the actual sentences that are numbered, we urge you to buy the book Alcoholics Anonymous and study the text based on these sentences, should you really be interested in what the original one hundred people were given. Apparently sobriety had been denied most of humanity since Noah got off of the Ark and planted a vineyard, and became a drunkard about forty-five hundred years ago, which is addressed in Genesis 9:20-21.

**FOREWORD TO THE THIRD EDITION**

1. pg xxii ln 16

**THE DOCTOR'S OPINION**

2. pg xxiv ln 13

3. pg xxvi ln 18

4. pg xxvi ln 34

5. pg xxix ln 7

**BILL'S STORY**

6. pg 1 ln 6

7. pg 3 ln 18

8. pg 8 ln 23

9. pg 11 ln 21

10. pg 15 ln 1

11. pg 15 ln 27

12. pg 16 ln 8

**THERE IS A SOLUTION**

13. pg 18 ln 4

14. pg 18 ln 6

15. pg 18 ln 7:

15. pg 18 ln 7

16. pg 20 ln 1

17. pg 25 ln 9

18. pg 25 ln 19

19. pg 25 ln 20

20. pg 25 ln 27

21. pg 26 ln 30

22. pg 27 ln 20

23. pg 28 ln 8

24. pg 29 ln 10

**MORE ABOUT ALCOHOLISM**

25. pg 35 ln 26

26. pg 38 l 32

27. pg 40 ln 6

28. pg 42 ln 27

29. pg 43 ln 1

30. pg 43 ln 3

31. pg 44 ln 20

32. pg 44 ln 26

**WE AGNOSTICS**

33. pg 49 ln 6

34. pg 49 ln 13

35. pg 49 ln 26

36. pg 50 ln 7

37. pg 51 ln 3

38. pg 51 ln 8

39. pg 54 ln 16

40. pg 54 ln 24

41. pg 54 ln 25

42. pg 54 ln 26

43. pg 54 ln 26

44. pg 55 ln 15

**HOW IT WORKS**

45. pg 59 ln 10

46. pg 59 ln 13

47. pg 60 ln 17

48. pg 60 ln 22

49. pg 60 ln 26

50. pg 60 ln 29

51. pg 61 ln 3

52. pg 61 ln 12

53. pg 62 ln 28

54. pg 63 ln 8

55. pg 63 ln 10

56. pg 63 ln 19

57. pg 64 ln 17

..... ix

58. pg 65 ln 31

59. pg 66 ln 10

60. pg 67 ln 28

61. pg 69 ln 19

**INTO ACTION**

62. pg 72 ln 25

63. pg 73 ln 10

64. pg 73 ln 12

65. pg 75 ln 7

66. pg 77 ln 2

67. pg 79 ln 21

68. pg 82 ln 25

69. pg 83 ln 11

70. pg 84 ln 7

71. pg 84 ln 23

72. pg 86 ln 13

73. pg 86 ln 26

74. pg 88 ln 7

**WORKING  
OTHERS**

75. pg 89 ln 8

76. pg 89 ln 14

77. pg 97 ln 28

78. pg 97 ln 32

79. pg 99 ln 21

80. pg 102 ln 20

**TO WIVES**

81. pg 117 ln 19

82. pg 120 ln 2

83. pg 120 ln 4

84. pg 120 ln 5

85. pg 120 ln 22

**T H E F A M I L Y  
AFTERWARD**

86. pg 122 ln 19

87. pg 123 ln 8

88. pg 124 ln 6

**WITH**

89. pg 124 ln 19

90. pg 125 ln 11

91. pg 126 ln 1

92. pg 127 ln 13

93. pg 128 ln 14

94. pg 129 ln 6

95. pg 129 ln 11

96. pg 130 ln 11

97. pg 130 ln 18

98. pg 131 ln 6

99. pg 131 ln 22

100. pg 132 ln 17

101. pg 133 ln 4

**TO EMPLOYERS**

102. pg 136 ln 2

103. pg 146 ln 9

104. pg 146 ln 24



## HELP - Mates

It is our belief, since an old adage, of centuries ago refers to, **God planned along time ago that these lives would be spent in helping others**, that helping others is the only plan, or way, that can clear up what went wrong, all the way back to Adam and Eve. We are beginning to believe that the original theme, or idea, of splitting Adam's soul, for his helpmate, is still in contact. We do not believe that God is going to change that fact, ever.

We believe that our Elder Brother took care of this for **us**, back in antiquity. The way that we have been close to understanding God's will for **us**, is through helping meet the **needs** of others. This alone however does not provide **his power**, in our lives. The only power that is available to us is still resurrected heavenly power that flows through the spirit of his awakened son's seed, of spirit, on the inside of our rinsed, cleansed, forgiven self, the spiritually created being.

None the less however, we still believe that we must learn lessons, on this earth, in the altruistic as well as spiritual plane, until we understand that we must labor, sweat, toil, roam, and wander this material earth, until we reunite with the split soul, in order for the **LIFE** that God has planned, to be **created**, regardless of the anguish, time, and suffering that this journey might cause or require. Misery, caused by other people's actions however, is not required for us anymore, thank God. The material world has no hold nor claim on us what so ever! **Helping meet the needs** (not wants) **of others released us.**

*Circumstances always made us willing!*

The replacement or substitution of the skull and cross bones albatross - or poison, for your personal problem, illness, or disease is required in this section also. Thank you for your attention. We remain your willing servants.

### **PREFACE**

1. pg xi ln 8

### **FOREWORD TO THE FIRST EDITION**

2. pg xiii ln 8

### **FOREWORD TO THE SECOND EDITION**

3. pg xvi ln 17

4. pg xviii ln 24

### **THE DOCTOR'S OPINION**

5. pg xxviii ln 19

### **BILL'S STORY**

6. pg 14 ln 26

### **THERE IS A SOLUTION**

7. pg 20 ln 3

8. pg 25 ln 32

9. pg 27 ln 4

### **MORE ABOUT ALCOHOLISM**

10. pg 34 ln 27

11. pg 42 ln 7

### **WE AGNOSTICS**

12. pg 52 ln 20

### **HOW IT WORKS**

13. pg 59 ln 1

14. pg 62 ln 25

15. pg 63 ln 19

16. pg 67 ln 3

17. pg 69 ln 21

### **INTO ACTION**

18. pg 75 ln 9

19. pg 76 ln 7

20. pg 80 ln 4

xiv 21. pg 84 ln 28

**WORKING  
OTHERS**

22. pg 89 ln 5

23. pg 89 ln 9

24. pg 90 ln 18

25. pg 90 ln 25

26. pg 93 ln 32

27. pg 94 ln 12

28. pg 95 ln 15

29. pg 96 ln 24

30. pg 103 ln 15

**TO WIVES**

31. pg 104 ln 28(footnote)

32. pg 104 ln 30

33. pg 111 ln 17

34. pg 111 ln 33

35. pg 112 ln 12

36. pg 112 ln 19

**WITH**

37. pg 116 ln 27

38. pg 117 ln 2

39. pg 119 ln 12

40. pg 120 ln 17

41. pg 124 ln 19

42. pg 127 ln 28

43. pg 129 ln 30

44. pg 130 ln 23

45. pg 131 ln 30

46. pg 132 ln 8

47. pg 132 ln 30

48. pg 133 ln 31

49. pg 135 ln 8

**TO EMPLOYERS**

50. pg 137 ln 21

51. pg 137 ln 24

52. pg 138 ln 9

53. pg 138 ln 31

54. pg 139 ln 6

55. pg 139 ln 11

56. pg 141 ln 7

57. pg 141 ln 25

58. pg 147 ln 22

59. pg 147 ln 32

60. pg 148 ln 23

61. pg 148 ln 33

62. pg 150 ln 7

**A VISION FOR YOU**

63. pg 159 ln 14

64. pg 162 ln 12

*Maybe the most important thing to understand is that we need to be helpful to people. We have learned that the best way for us to be helpful is help meet their **need, not their want.***

It took us along time to get settled in with distinguishing **needs** from **wants**. Now, some of us have a much easier go at life, with understanding of the following Scripture in Genesis 2:18:

**And the Lord God said, "It isn't good for man to be alone; I will make a companion for him, a helper suited for his needs."**

**MUST - Suggestions?**

The thought has occurred to us that maybe we need to really understand what is **absolutely necessary** about the *original suggested program of recovery*, from an age-old dilemma's stand point, since town drunks have plagued every town, and been plagued with no hope of recovery, since the beginning of crushed grapes. None the less, any illness, coupled with a hopeless condition, is the same condition, regardless of what name might be put on it.

Again, we ask your tolerance and understanding of the mental transition from one deadly habit to any other fatal malady - *dis ease(di-sease)*, the illusion that *we* are separated from God. One other point that also needs to be mentioned is the gender transition that might be required for these quotes too. We hope and believe that the help for these requirements will come from your Higher Power.

**FOREWORD TO THE SECOND EDITION**

- 1. pg xvi ln 22
- 2. pg xvi ln 30
- 3. pg xxiii ln 4
- 4. pg xxiii ln 21
- 5. pg xxiv ln 12
- 6. pg xxvi ln 15

- 7. pg xxvi ln 17
- 8. pg xxvii ln 19
- 9. pg xxvii ln 21
- 10. pg xxvii ln 26

**BILL'S STORY**

- 11. pg 10 ln 11
- 12. pg 14 ln 4

25. pg 74 ln 5  
26. pg 74 ln 22  
27. pg 75 ln 1  
28. pg 78 ln 23  
29. pg 79 ln 12  
30. pg 80 ln 4  
31. pg 81 ln 11  
32. pg 82 ln 17  
33. pg 83 ln 2  
34. pg 83 ln 17  
35. pg 85 ln 18  
36. pg 85 ln 21  
37. pg 85 ln 30  
38. pg 86 ln 14  
**WORKING**  
**OTHERS**  
39. pg 89 ln 11

**WITH**

40. pg 90 ln 33  
41. pg 93 ln 25  
42. pg 95 ln 23  
43. pg 95 ln 26  
44. pg 99 ln 1  
45. pg 99 ln 15  
46. pg 99 ln 22  
47. pg 100 ln 5  
48. pg 100 ln 33  
**TO WIVES**  
49. pg 111 ln 7  
50. pg 113 ln 12  
51. pg 114 ln 26  
52. pg 115 ln 8  
53. pg 115 ln 15  
54. pg 117 ln 27  
55. pg 118 ln 11  
56. pg 120 ln 13

**T H E F A M I L Y**  
**AFTERWARD**

57. pg 127 ln 1  
58. pg 127 ln 14  
59. pg 127 ln 24  
60. pg 130 ln 15  
61. pg 135 pg 3  
**TO EMPLOYERS**  
62. pg 141 ln 32  
63. pg 143 ln 19  
64. pg 144 ln 19  
65. pg 144 ln 20  
66. pg 146 ln 31  
**A VISION FOR YOU**  
67. pg 152 ln 14  
68. pg 153 ln 21  
69. pg 154 ln 31  
70. pg 156 ln 18

71. pg 159 ln 14  
72. pg 164 ln 7

**To us, must is a very demanding word. There are not many loop holes, in the intention of the word, if we are to achieve what we believe the result of the expended efforts might yield. At the same time however, we truly understand that it generally takes a period of time for each individual anonymous seeker of faith to come to terms with their own willingness, with their own musts, for their own good.**

We truly understand that God is changeless. Gravity sure could be a mess, if God ever does change His Mind about certain things? On the other hand, many of us were spoiled because our parents were wishy washy or did not teach us how to establish a course, with encouragement and inspiration. Most of us were raised in demanding, demeaning, or possessive role model childhood situations.

Earlier generations had, however, lived through some rough and tough fearful times, considering the hardships of the Great Depression and the fears and hardships of World Wars that were experienced, with commiserate rationing stamps. None the less, those fears were bred into our genes, or dna if you prefer.

We are now seeking spiritual comforters (brave together) and the precious blood of the **Lamb**, rather than the torture of this world, and it's ways, with change that God provides, which gives us relief, faith, hope, love, and truth.

**PREFACE**

- |                  |                     |
|------------------|---------------------|
| 1. pg xi ln 10   | 6. pg xxvii ln 11   |
| 2. pg xi ln 20   | 7. pg xxvii ln 24   |
| 3. pg xii ln 4   | 8. pg xxviii ln 15  |
| 4. pg xii ln 9   | <b>BILL'S STORY</b> |
| 5. pg xxvii ln 8 | 9. pg 2 ln 33       |



## WISE-FEW-PERFECT - Chosen

Here, at the turn of the twentieth century, headed into the twenty-first, we need to address a topic that we seem to deny, in a lot of mankind's sick mentality. All through this Conference Approved Literature, **only** the word family, and related, is open for discussion, from God's point of view, regardless of what each might think or hope for.

What people are doing, much of which we have also done, in relationships, in these less than regular marriages with a family theme, at this point in history, is none of our business, and we do not have an opinion, except to say that all things have their intended purpose. Lastly, all things are created to let God be Glorified, **period**. Whatever we learned in those *sick relationships*, which caused so much grief and torture, can hopefully be turned around to make us better helpmates, for the reunited soul. The rebirth process requires that we become one soul!

But let us not be deceived. When split souls are reunited - or joined, the completed union is for the celebration of God's Plan, Love, Wisdom, and **Shared Glory of Eternal LIFE**, not the celebration of the union(reuniting). In order for this truth to be understood, there must be a willingness for a complete rebirth of each individual, in the way of obedience to God, through His Word, for **us!**

The perfect path with direction and inspiration, for **us**, was started in Ephesians chapter five of *The Living Bible* © by Tyndale House Publishers, Wheaton Il. Also, a book, **HIS FATHER'S TEMPLE**, has the beginning directions of what we have been learning and practicing.

## WISE FOREWORD TO THE FIRST EDITION

1. pg xiii ln 25

2. pg xxiii ln 21

3. pg xxiv ln 27

## BILL'S STORY

4. pg 13 ln 4

## INTO ACTION

5. pg 77 ln 5

## WORKING WITH OTHERS

6. pg 90 ln 14

## TO WIVES

7. pg 113 ln 27

## THE FAMILY AFTERWARDS

8. pg 123 ln 25

9. pg 124 ln 5

## FEW FORWARD TO THE FIRST ADDITION

10. pg xiii ln 14

## FOREWORD TO THE SECOND EDITION

11. pg xx ln 9

## THE DOCTOR'S OPINION

12. pg xxv ln 11

13. pg xxvi ln 4

14. pg xxvii ln 2

15. pg xxvii ln 16

## BILL'S STORY

16. pg 3 ln 13

17. pg 5 ln 5

18. pg 10 ln 18

## THERE IS A SOLUTION

xxvii 19. pg 18 ln 23

20. pg 19 ln 10

**WE AGNOSTICS**

**WE AGNOSTICS**

**We just have to grow into it. The following Scriptures caution us about the other two words in this section in order to be CHOSEN however.**

21. pg 21 ln 2

35. pg 50 ln 33

69. pg 48 ln 27

22. pg 23 ln 27

36. pg 56 ln 24

70. pg 49 ln 5

**M O R E        A B O U T  
ALCOHOLISM**

37. pg 57 ln 1

**HOW IT WORKS**

Matthew 22:14; "*Many are called, but few are chosen.*"

23. pg 32 ln 7

**INTO ACTION**

71. pg 60 ln 7

24. pg 32 ln 9

38. pg 73 ln 26

72. pg 60 ln 12

Matthew 5:48; "*But you are to be perfect, even as your Father in heaven is perfect.*"

25. pg 33 ln 22

39. pg 81 ln 4

**INTO ACTION**

26. pg 33 ln 29

40. pg 87 ln 25

73. pg 75 ln 15

27. pg 34 ln 12

**WORKING        WITH  
OTHERS**

74. pg 79 ln 31

*We are in hopes of proving to God that we are sincere in our efforts to grow into the image that He has of us, by wanting to be noahhites. We believe that we will be eligible to receive the pure heart, by practicing our principles!*

28. pg 34 ln 15

41. pg 89 ln 17

**T H E        F A M I L Y  
AFTERWARD**

29. pg 35 ln 17

42. pg 96 ln 28

75. pg 129 ln 12

30. pg 36 ln 5

43. pg 99 ln 2

**A VISION FOR YOU**

31. pg 37 ln 32

44. pg 102 ln 18

76. pg 158 ln 10

But let us perfectly understand Matthew 5:8; "*Happy are those whose hearts are pure, for they shall see God.*"

32. pg 38 ln 8

**M O R E        A B O U T  
ALCOHOLISM**

**There is not much that we can say about being wise, but God does have a new mind for us that has uncommon sense, already created for us.**

33. pg 39 ln 28

68. pg 41 ln 6

34. pg 43 ln 28

**GOOD - GOD IS**

When God's very own son was asked a question which started with, "Good teacher" - "rabboni", Jesus said something to the effect that the questioner had just made a serious mistake. Then he said something like, "**only God is truly good.**" Other than truth, **everything** else is false or *fear*; **false** evidence **appearing** **real**!

Before the world took form, it contained only *material*, on and underneath its surface, and there was no good in it; there was no life. There never has been, nor ever will be, any good in material. Not the most precious of diamonds or gold, even though they might be perfectly polished or pure 24 karat, contained any **good** in them.

What is precious, to **us** though, is the blood of the **Lamb**, because through it, and only through it, is God's Spirit available! Well, how have we gotten the obvious? Through the appropriate *suggested* twelve step program of recovery in an anonymous fellowship.

Yes, **much** was learned out side of those rooms, but entitlement to unlearn what the world taught us, and programmed us for, was started in the anonymous fellowships.

There was no other way for **us**, even though all tried to come up with what we thought was better. The best to you too, if you can find it!

**FORWARD TO THE THIRD EDITION**    3. pg xxiv ln 26

1. pg xxii ln 15    4. pg xxv ln 18  
**BILL'S STORY**

**THE DOCTOR'S OPINION**    5. pg 1 ln 14

2. pg xxiii ln 14    6. pg 6 ln 7  
7. pg 10 ln 7

8. pg 11 ln 9

**HOW IT WORKS**

**WORKING  
OTHERS**

**WITH**

52. pg 113 ln 28

9. pg 14 ln 21

22. pg 60 ln 29

37. pg 90 ln 8

53. pg 114 ln 4

10. pg 16 ln 17

23. pg 62 ln 31

38. pg 90 ln 21

54. pg 114 ln 23

**THERE IS A SOLUTION**

24. pg 64 ln 14

39. pg 92 ln 27

55. pg 115 ln 17

11. pg 19 ln 13

25. pg 68 ln 7

40. pg 94 ln 22

56. pg 116 ln 1

12. pg 20 ln 30

26. pg 69 ln 23

41. pg 97 ln 7

57. pg 116 ln 27

13. pg 26 ln 3

27. pg 70 ln 28

42. pg ln 97 23

58. pg 116 ln 29

14. pg 26 ln 12

28. pg 71 ln 5

43. pg 99 ln 11

59. pg 118 ln 11

15. pg 27 ln 28

29. pg 72 ln 21

44. pg 101 ln 31

60. pg 119 ln 19

16. pg 27 ln 32

30. pg 76 ln 10

45. pg 102 ln 5

61. pg 121 ln 10

**M O R E        A B O U T  
ALCOHOLISM**

31. pg 77 ln 13

46. pg 102 ln 10

**T H E        F A M I L Y  
AFTERWARDS**

17. pg 35 ln 14

32. pg 77 ln 16

47. pg 103 ln 11

62. pg 123 ln 5

18. pg 38 ln 7

33. pg 78 ln 29

**TO WIVES**

63. pg 123 ln 11

19. pg 39 ln 15

34. pg 81 ln 33

48. pg 109 ln 11

64. pg 124 ln 8

**WE AGNOSTICS**

35. pg 82 ln 11

49. pg 110 ln 30

65. pg 125 ln 6

20. pg 48 ln 15

36. pg 82 ln 19

50. pg 111 ln 5

66. pg 133 ln 27

21. pg 48 ln 27

51. pg 112 ln 26

**TO EMPLOYERS**

67. pg 141 ln 26



# RECOVERY WORDS

## WITH DEFINITIONS

*Including location(s) of the word, by pg #'s in the Big Book text.*

We do not guarantee the accuracy of actual page numbers, nor the actual count. If you will advise us of errors, we will be happy to make the changes in future printings.

### A

**abandon**-pg 15, 45, 48, 59, 63,164: To desert; forsake; renounce.

**aberrations**-pg 140: A departure from what is considered right and true; deviation from what is normal: mental lapse.

**abjectly**-pg 54: Contemptable, miserable, or wretched.

**abnormal**-pg xxiv, 23, 30, 114, 122, 140, 155: Not normal; deviant.

**absolutely**-pg xxiv, 17, 24, 39, 40, 58, 120, 132, 155: 1. Perfect in quality or nature. 2. Not mixed. 3. Not limited by restrictions, qualification, or exceptions.

**abstinence**-pg xxviii: A voluntary refraining from.

**absurd**-pg 21, 37, 68, 87: To be contrary to common sense.

**abuse**-pg 109: To mistreat; attack with words.

**acceptance**-pg xx, 48: To take or receive something that is offered, usually through a process.

**accomplished**-pg 18, 51, 78, 91, 100, 118, 124, 144, 163: Completed, finished: skilled; expert.

**activities**-pg 85, 89, 104, 120, 129, 131: A planned or organized thing to do.

**acute**-pg 157: Arising crisis.

**addiction**-pg xxiii, xxv(2), 162: Persistent and compulsive use of a narcotic substance known to be harmful to the user.

**admitted**-pg xxix, 11, 13, 46, 59(2), 72(2), 76, 78, 93,

135: 1. To permit to enter or serve as a means of entrance. 2. To acknowledge; confess.

**adolescent**-pg xviii, xix: Period between childhood and adulthood: psychological or physical development.

**affairs**-pg 11, 14, 19, 60, 105, 120, 124: 1. Something done or to be done. 2. Often affairs; private.

**afflicted**-pg xiv, xxv, 92, 116: Pain or suffering; distress.

**aggregate**-pg xxvii: Gathered together so as to constitute a whole.

**aghast**-pg 9: To be struck with amazement or horror.

**agnostic**-pg 28, 44, 46, 60, 93: One who believes that the existence of God can not be proved, but does not deny the possibility that God exists; one who believes only in the material.

**alcoholic**-(333 times) Suffering from alcoholism.

**alcoholism**-(71 times) 1. Habitual excessive drinking of alcoholic beverages. 2. A chronic pathological condition.

**allergy**-pg xxiv, xxvi, xxviii: Abnormal or exaggerated reaction to substances or situations harmless to most.

**altruistic**-pg xxiv, xxvi: Unselfish concern for the welfare of others; selflessness.

**amazed**-pg 9, 83: To fill with surprise or wonder.

**Amen**-pg 76: So be it, or we believe; used at the end of a prayer to express approval of.

**amends**-pg 8, 59, 69, 76, 84: To correct or rectify; reparation for insult or injury.

**analyzed**-pg 70: To make an analysis of: an examination of a thing to determine its parts.

**anger**-pg 37, 66, 88, 135: A feeling of extreme hostility, indignation, or exasperation; rage.

**annihilation**-pg 18: To destroy.

**annoyance**-pg 139: The act of annoying; nuisance.

**anonymous**-(49 times): Having an unknown or withheld name or authorship.

**annals**-pg xxiv: A chronological record of events of previous years, pertinent to a subject.

**answer**-(18 times): To write or speak in reply to; to be responsible: adequate.

**antics**-pg 141: A ludicrous act.

**antipathy**-pg 12: Settled dislike or aversion.

**apathy**-pg 127: Lack of emotion.

**apologize**-pg 68(2), 115: An expression of a regret for a wrong.

**appalling**-5, 14, 108: To fill with horror or apprehension.

**apropos**-pg 135: Appropriate or pertinent.

**arbiter**-pg 69: One having the power to judge or decide.

**arch**-pg 62, 75: Highest rank or chief status; peak or top.

**ascertained**-To discover through investigation; find out.

**aspect**-pg 67, 132: A position or side facing a given direction.

**assert**-pg 23,130, 131: To declare or defend.

**astonishingly**-pg xxvi: To strike with sudden wonder.

**asylum**-pg 6, 15, 30, 35(2), 36, 38, 97, 114: An institution for those who are in need; safety or refuge.

**atheist**-pg 10, 44(2), 49, 52, 55, 93: Disbelief in the existence of God.

**attitude**-(24 times): A state of mind or feeling with regard to a person or thing.

**attract**-pg xix, 39, 154, 161: To draw to or towards oneself.

**augury**-pg xv: A rite of divination: an omen or indication.

**authentication** - pg xiii: Proof of being genuine.

**autonomous**-pg xix: I n d e p e n d e n t o r self-governing.

**avert**-pg 124: To turn away; prevent.

## B

**baffled**-pg 23, 51, 92: Foil, frustrate, perplex, or thwart.

**balmy**-pg 128: Gently soothing.

**begins**-(9 times): To start; 3 come into being.

**belladonna**-pg 7: Drug derived from poisonous plant to dilate the pupil of the eye, stimulate the heart, or relieve spasms.

**bewail**-pg 69: To express sorrow: lament, self-pity.

**bewilderment**-pg 151: Confuse or perplex; distract, mystify, or puzzle.

**bias**-pg 134: A mental leaning; partiality or prejudice.

**bitterness**-pg 15, 69, 103: 1. Having a sharp and unpleasant taste. 2. Exhibiting or proceeding from strong animosity. 3. Having or marked by resentfulness or disappointment.

**blame**-pg 18, 61, 67, 120, 123, 127, 136, 138: 1. To hold responsible. 2. To find fault with; censure: the act of blaming or condemning sternly.

**bless**-pg 9, 100, 116, 119. 121, 141, 164: To confer happiness upon; to invoke divine care.

**boon**-pg 114: A benefit.

**bogged**-pg 154: To be hindered.

**boredom**-pg 151, 152: Repetition or tediousness.

**bound**-pg xx, 41, 104, 129, 152: Beyond the limit of.

**brainstorm**-pg 66: A sudden inspiration.

## C

**calamity**-pg 6, 46, 55, 68, 116: A disaster or great distress.

**callous**-pg 107: Hardened; unfeeling.

**camaraderie**-pg 17: Comradely good will toward friends.

**capitulated**-pg 161: Surrender all resistance; acquiesce.

**care**-(15 times): To be concerned about; fondness, inclination, or liking.

**carom**-pg 4: Collision followed by a rebound.

**casually**-pg 37: A happening by chance.

**catapulted**-pg 8: Ancient machine for throwing missiles.

**cease**-pg 5, 34, 84: To come or bring to an end: stop.

**certain**-(43 times): Fixed, 4 settled, or determined.

**cessation**-pg 122: The act of ceasing; come to a complete halt.

**change**-(20 times): Alter; substitute.

**character**-(11 times): 1. A distinguishing feature or attribute; characteristic. 2. The moral or ethical structure of a person or group. 3. Moral strength; integrity.

**cherished**-pg 118: To hold dear.

**chicanery**-pg 11: To deceive in order to obtain an advantage.

**chilling**-pg 151: Dampening of enthusiasm or spirit.

**choice**-pg 24, 28, 53: Selected with care; of high quality.

**Christ**-pg 11: Anointed One.

**chronic**-pg xxv, xxvi, xxviii, xxix, 27: Of long duration; continuing.

**circumstances**-pg xix, 37, 57, 67, 87, 100, 103, 130, 133: 1. One of the conditions of facts attending an event and having bearing on it.

**clinch**-pg 138: To settle decisively.

**commenced**-(12 times): To begin.

**common**-(14 times): 1. Belonging equally to all; joint. 2. Pertaining to the whole community; public: the common good. 3. Wide-spread; prevalent; general. 4. Most widely known; occurring most frequently.

**completely**-(14 times): 1. Having all necessary and normal parts. 2. Concluded; ended. 3. Thoroughly; perfect.

**comprehend**-pg xiii, 46(2), 70, 83: Understand; take in; include.

**concede**-pg 11, 30, 40, 42, 122, 140, 155: To admit as true or real.

**conception**-(16 times): The power to form or understand ideas or concepts; idea, notion, or thought.

**condemn**-pg 142: To express disapproval of; denounce.

**conduct**-pg 38, 69(2), 70(2): Behavior: to lead or direct; the way one acts.

**confession**-pg xvi, 25, 74: Formal admission of one's own guilt; confessing of sins to a priest in order to receive absolution.

**confidence**-pg xxvi, 6, 14, 18, 26, 54, 68, 74, 75, 78, 89, 112, 114, 123, 143(2): Trust or reliance; a trusting relationship.

5

**conscience**-pg 95, 132: The ability of recognizing the difference between right and wrong in regard to one's own conduct.

**consciousness**-pg 13, 24, 25, 51, 55, 98, 130: Having an awareness of one's own existence and environment; capable of complex response to environment.

**consequences**-pg 24, 37(2), 41, 79: An effect or result.

**consigned**-pg 152: Assign to a less important position; relegate.

**consternation**-pg 35: Great confusion or dismay.

**consummation**-pg 25: To make complete; finish; achieve.

**contempt**-pg 10: The act of despising; the state of mind of one who despises.

**controversy**-pg 19, 69, 154: A dispute, especially a public one between sides holding opposing views.

**convinced**-(21 times): To bring to belief by argument or evidence; persuade.

**conviviality**-pg 151: Jovial; sociable.

**cornerstone**-pg 47, 56: A stone at one of the corners of a building's foundation, set in place with a ceremony.

**corroding**-pg 67: To wear away or cause to wear away; steady.

**contrition**-pg 126: Repentant.

**convalescence**-pg 127, 129: To gradually recover health.

**conviction**-pg xix, 27, 29, 42, 56, 62, 77, 93, 93, 130: Strong opinion.

**counsel**-pg 119: An exchange of ideas; advise or guidance.

**countless**-pg 30, 164: Innumerable.

**courage**-pg 6, 53, 68(2), 81, 115, 132, 154: Ability to conquer fear; bravery; valor.

**crankiness**-pg 127: Ill tempered: odd.

**cranny**-pg 75: Small crevice; fissure.

**craving**-pg xxvi(2), xxvii(2), xxviii(3), 134, 145, 164: To have an intense desire for; begging.

**creator**-(11 times): One that condition of gloom or sadness; dejection.

**criterion**-pg 163: A standard, test, or rule by which a

6

judgement may be formed.  
**criticize**-pg 77, 83, 89, 106, 117, 118, 125(2), 126, 129, 145: To find fault with another person.

**cunning**-pg 58: Marked by wiliness and trickery; slyness, skillful.

**curious**-pg 9, 20, 37, 42, 93(2): Eager to learn or strange.

**cynicism**-pg 132, 134: One who attributes all action to selfish motive.

**Czar**-pg 12: One having great authority.

## D

**debauch**-pg 8, 104: To corrupt morally.

**decision**-pg xxviii, 21, 59, 62, 64, 71, 86, 88, 96, 140: A final conclusion of choice; determination.

**defeat**-pg 11, 42, 64, 113, 153: To win victory over; to beat or defeat.

**defect**-pg xvi, xxiv, 50, 59, 72(3), 76, 83, 99, 100, 118: Lack of something desirable or necessary.

**defense**-pg 24(2), 42, 43(2): . The act of defending.

2. One that defends or protects. 3. An argument in support of or justification.

**deficiency**-pg 120, 131: Opposite of what is desired; defective or imperfect.

**definition**-pg 37: To explain or make clear.

**deflation**-pg 122: To reduce in size, importance, or effectiveness; to reduce from a state of inflation.

**delighted**-pg 75: Great pleasure or joy.

**delirium**-pg 7, 13, 107, 110: Temporary mental confusion as a result of intoxication; hallucinations, anxiety or delusions. 2. Uncontrollable emotions or excitement.

**deluged**-pg xviii: A great flood; to overwhelm.

**delusion**-pg 30, 61, 62: A false belief acted upon without validating evidence.

**demonstration**-pg 25, 55: To prove or make manifest by reasoning or evidence.

**denizens**-pg 151: Inhabitant; resident.

**depression**-pg 39, 56, 91, 144: A mental condition of gloom or sadness; dejection.

**depth**-pg xxvi: A part that is

far from the outside or surface; the middle or innermost part.

**deranged**- pg 149: To upset the arrangement, order, or working of; to make insane.

**derelictions**-pg 143: Willful failure or neglect; abandonment.

**desire**-(21 times): A strong wish; longing; craving.

**despair**-pg xxvi, xxvii(2), xxix, 7, 8, 15, 50, 110, 151, 155: Utter loss of hope; hopelessness.

**desperate**-pg xvii, xxix, 7, 29, 35, 96, 110, 155: Reckless or violent because of despair-nearly hopeless; grave, extreme.

**destiny**-pg 54, 164: A predetermined course of events; fate or fortune.

**destitution**-pg 107: To be completely lacking; devoid, impoverished, penniless.

**destroy**-pg 27, 64, 67, 80: 1.To ruin completely. 2.To tear down; demolish; kill.

**destructiveness**-pg 70: The act of destroying or cause to be destroyed; ruin.

**development**-pg 83, 118: Bring, grow, or change to a more complete, complex, or desirable state of being.

**devastating**-pg 7: To overwhelm or ruin.

**Devil**-pg 11: The chief evil spirit; Satan.

**differentiate**-pg xxvi, xxviii: To constitute or perceive a distinction.

**difficult**-(23 times): Hard to comprehend or achieve.

**diffident**-pg 76: Lacking self-confidence; timid.

**digested**-pg 71: To absorb mentally; comprehend.

**disappeared**-pg 56, 75: To pass out of sight; vanish.

**disaster**-pg 17, 27, 44, 152: Great destruction.

**disclose**-57, 58, 64: To bring to view.

**disconcerted**-pg 44: To be disturbed or upset.

**discontent**-pg xxvi: Uneasiness of mind; dissatisfaction.

**discord**-pg 122: Lack of agreement; dissension.

**discussion**-pg 19, 20, 91, 94, 111(2), 118, 127, 134: To argue or consider carefully by presenting the

various sides; to talk about.

**disease**-pg 64: A condition of an organism that impairs normal physiological functioning.

**disgrace**-pg 80, 116: Loss of honor, respect, or reputation.

**dishonest**-pg 21, 61, 67, 69, 84, 86(2), 116: Fraud; untrustworthy.

**disrupting**-pg xix: State of confusion.

**dissipation**-pg 133: To break up and drive off; squander; dissolve.

**disturbed**-pg 2, 67, 94, 118, 145: To destroy the settled or tranquil condition of; emotional or mental trouble.

**dominated**-pg 66, 135: To control, govern, or rule.

**doggerel**-pg 1: Light verse in a loose rhythm.

**drastic**-pg 11, 14, 42, 76, 80, 94: Extreme or radical.

**drug**-pg xxii, xxv, 142, 162: Medicine used in the treatment of disease; narcotic.

**dubious**-pg 49: Skeptical or doubt.

## E

**earnestness**-pg 16, 37, 58: Serious and determined; grave.

**ease**-pg xxvii, 52, 75: Freedom from pain, worry, or discomfort.

**effect**-(13 times): The ability to achieve a desired objective; influence.

**ego-centric**-pg 61: The personality component that is conscious, that most immediately controls behavior, and is in touch with external reality; conceit.

**elated**-pg 128, 161: To be filled with happiness or joy.

**elusive**-pg xxvi: Tending to elude or evade.

**emanate**-pg 55: To be derived from a source; arise, originate, or proceed.

**eminently**-pg 148: Outstanding as in reputation; distinguished.

**emotion**-pg xxvi, xxviii, 27(2), 52, 58, 82, 134: Agitation of the passions or sensibilities; a strong complex feeling of joy, sorrow, or hate - an extreme feeling of love or hate.

**emphasized**-pg 14, 76: To give emphasis to or stress.

**enemies**-pg 70, 78, 145: One that shows hostility towards another.

**engaged**-pg 75: To attract and hold; engross.

**entity**-pg xxviii: Things that exist independently; the fact of existence.

**envy**-pg 145: Discontented desire or resentment aroused by another's qualities, possessions, or achievements.

**epoch**-pg xxiv: A particular period of history, of one that is characteristic or memorable.

**equity**-pg 131: Justice.

**errand**-pg 75, 102: Short trip to perform a specific task.

**erstwhile**-pg xviii: Former; some time ago.

**escape**-pg xxviii, 6, 9, 17, 28, 66, 94, 101, 153, 155: To avoid danger or harm.

**essentially**-pg xxvi: Basic or necessary.

**evil**-pg 67: Morally bad or wrong thinking; wicked or harmful - injurious.

**exact**-pg xxii, 21, 36, 38, 44, 45, 59, 64, 72, 93:

Precisely accurate or correct.  
**existence**-pg 8, 25, 46, 51, 54, 67, 132, 152: State or fact of being.

**exonerating**-pg 80: To be free from blame.

**experience**-(77 times)  
1. Observation of or participation in events resulting in or tending toward knowledge. 2. Knowledge, practice, or skill derived from observation or participating in events: the length of such participation. 3. Something encountered, undergone or lived through.

**explosion**-pg 101: Sudden and violent release.

**extreme**-pg xxiii, 3, 37, 62, 90, 105, 142: Very great or intense; outermost or farthest away; most remote.

## F

**fact**-(22 times) 1. Something true and accurate; something having real, demonstrable existence; reality. 2. An act considered with regard to its legality.

10 **fail**-(37 times): 1. To be

deficient or unsuccessful. 2. To decline, weaken, or cease to function. 3. To disappoint or forsake.

**faith**-(28 times): 1. A confident belief; trust. 2. Belief in God; religio conviction. 3. Loyalty; allegiance.

**fallacious**-pg 23: Embodying a fallacy; misleading or deceptive.

**fallacy**-pg 129: False reasoning.

**false**-pg xxvi: 1. Not genuine; artificial. 2. Intentionally untrue. 3. Adjusted or made so as to deceive.

**fanatics**-pg 77: One possessed by excessive or irrational zeal.

**fatigue**-pg 134: Weakness or weariness caused by prolonged or chronic stress.

**fault**-pg 58, 61, 67, 69, 78, 81, 98(2), 131: A weakness in character or failing; responsibility for something wrong.

**fear**-(28 times) 1. An unpleasant often strong emotion caused by

expectation or awareness of danger. 2. To be afraid of.

**fearless**-pg 58, 59: Free from fear: brave.

**fearsome**-pg xviii: Causing fear.

**fellowship**-(26 times): Companionship.

**fierce**-pg 4, 18: A severe or violent storm; wild or savage beast.

**fighting**-pg 84, 85, 103: A hostile encounter; a verbal disagreement or attempt to prevent one's success or effectiveness.

**finite**-pg 68: Having bounds; limited.

**fit**-pg 38, 77, 83, 85, 100, 135: To make suitable; alter.

**fledgling**-pg xvii: A young inexperienced person.

**forebodings**-pg 2: To have a hint of a future misfortune.

**forgive**-pg 106, 134: to excuse for an offense.

**forgiven**-pg 70, 140: To be excused for an offense.

**forgiveness**-pg 79, 86: To stop feeling anger or resentment; absolve.

**formerly**-pg 142, 155: Former time; once.

11 **foundation**-pg 12, 75, 97,

130: The basis on which a thing stands; underlying support.

**frantic**-pg xvii, xviii, 97, 125: Distraught; fear or worry.

**free**-pg xxix, 26, 28, 66, 75, 120, 133, 145, 159: At liberty; not bound or constricted.

**freedom**-pg xxi, 62, 83, 87, 160: The condition of being free.

**friend**-(40 times) A person whom one knows, likes, and trusts.

**frustration**-pg 56, 104, 129, 146, 151: Process of nothing; unfulfilled needs.

**furious**-pg 79: Rageful anger; violent.

**futility**-pg 9, 25, 51, 66, 70: Having no useful purpose; useless.

## G

**allantly**-pg 130: Splendid, brave, or polite.

**gaunt**-pg 128: Thin and emaciated; bleak.

**gifts**-pg 21: Something given, a present; special gift or talent.

**glimpse**-pg 153: Brief look.

**glum**-pg 132, 152: Low spirits; dejected.

**God**-(120 times): A being of super natural powers or attributes, believed in and worshiped by a people.

**good**-(73 times): Having serviceable or desirable qualities.

**grace**-pg 25: Unmerited favor to overcome temptation; a virtue coming from God.

**grave**-pg xvi, 33, 58, 66, 142: Extremely serious; bringing death or great danger-critical.

**grosser**-pg 71: Glaring; flagrant or vulgar.

**grouch**-pg 66: A complaining person.

## H

**habits**-pg 82, 91, 102, 118, 148: A pattern of behavior acquired by frequent repetition.

**handicaps**-pg 71, 89, 125: A disadvantage that makes achievement hard.

**happiness**-(12 times): Well being and serenity.

12

**happy**-(16 times): Cheerfully willing; marked by good fortune.

**harm**-pg 69(2), 70, 77, 78, 96, 109, 115: Physical or psychological injury or damage.

**hate**-pg 114, 134: To loathe or detest.

**havens**-pg 12: Places of sanctuary.

**heartache**-pg 70: Emotional sorrow; anguish.

**heaven**-pg 12, 25, 31: A state of being where great happiness or bliss prevails; domain of God where angels and the saved souls exist.

**helpless**-(18 times): 1. Unable to manage by oneself; dependent. 2. Lacking power or strength; impotent; weak.

**hideous**-pg 151: Extremely unpleasant; repuls

**hilarious**-pg 1: Boisterously funny.

**honesty**-1. Marked by truthfulness and integrity. 2. Not deceptive or fraudulent; genuine. 3. Without disguise or pretense: honest pleasure.

**hope**-(32 times): To wish for something with expectation;

anticipation.

**hopeless**-(14 times)

**hopelessness** -pg xvii, 6, 25, 43, 92, 153, 157: Something that is desired that is out of reach.

**hostility**-pg 104, 113: Pertaining to an enemy; malicious.

**human**-(25 times): Of or relating to human beings.

**humbly**-pg 13, 57, 59, 63, 68, 88: 1. Marked by meekness or modesty. 2. Showing submissive respect. 3. Of low rank or station.

**humiliation**-pg 22, 24: To lower the pride or dignity of; mortify.

**humility**-pg 13, 73: The quality of being humble.

**hurry**-pg 113: To move, or cause to move with haste; rush. i v

**hurt**-(18 times): To cause to feel pain; distress.

**hysterical**-pg 70, 90, 105: Uncontrollable emotion such as fear or panic.

## I

**ill**-pg 11 and 11 more times: 13 Not healthy; sick.

**illness**-pg 18 and 10 more times: Sickness.

**illuminating**-pg 75, 139: To enable one to understand; to clarify or enlighten.

**imagine**-pg 54, 152: To form a mental image of; think or suppose.

**immutable**-pg 10: Not susceptible to change; unchangeable.

**impeious** - p g 70: Domineering; urgent; pressing; overbearing.

**impose**-pg 53, 96, 138, 141, 149: To take unfair advantage of or to inflict as in a compulsory manner.

**impotent**-pg 134: Powerless or ineffectual; lacking vigor.

**impunity**-pg xxvii: Exempt from punishment or penalty.

**incomprehensible**-pg 30, 37: Incapable of being understood.

**incredible**-pg 7, 21, 49, 141, 153: Unbelievable; astonishing.

**inconsistency**-pg 73: Contradictory, incompatible, or erratic.

**incurable**-pg 11, 133: Not capable of being cured.

**inconsiderate**-pg 69, 82, 108, 125: Thoughtless.

**indispensable**-pg 76: Incapable of being without; essential.

**inexplicable**-pg 46: Unable to explain or interpret.

**infinite**-pg 56, 68, 124: Immeasurably great; limitless or endless.

**injurious**-pg xxvi: Causing harmful injury.

**injustice**-pg 77, 138: A wrong or unjust act.

**insufficient**-pg 37, 72, 93: Inadequate.

**irritable**-pg xxvi, 126: 1. Likely to be annoyed. 2. Abnormally sensitive.

**insanity**-pg 8, 9, 30, 37, 40, 56, 66, 107, 154: 1. Of, exhibiting, or afflicted with a mental disorder. 2. Characteristic of, or used by, or for the insane. 3. Very foolish; absurd.

**insecurity**-pg 18, 84: Inadequately guarded or protected; unsafe.

**insidious**-pg 8, 164: Intended to entrap: treacherous, seductive, harmful.

**insist**-pg 81, 92, 96, 132: To be firm in a demand.

**inspiration**-pg 85, 86, 87(2): 1. Act or power to move the intellect or emotions. 2. The quality or state of being inspired; also something that is inspired. 3. An inspiring agent or influence.

**interest**-(35 TIMES): To persuade to participate in; engage the attention of.

**intervention**-pg 137: To cause between events; act to reconcile.

**intimacy**-pg 134, 151: Close acquaintance or familiarity.

**intrigued**-pg 155: Accomplish by scheming; underhanded.

**intuitive**-pg 86: To know as if by instinct, without conscious reasoning.

**inventory**-pg xvi, 59(2), 64(2), 68, 70, 71, 72(2), 73, 75, 76, 84: A detailed list of things.

**irony**-pg 137: Words used to convey the opposite of their meaning; paradox.

**isolates**-pg 119, 131: To place or keep by itself.

## J

**jealousy**-pg 37, 69, 100, 131, 146: 1. Fearful of losing what one has to another. 2. Intolerant of disloyalty.

**jittery**-pg xxiv, 3, 91, 163: Fit of nervousness.

**journey**-pg xvi, 36, 122, 153(2): To go from one place to another.

**joyous**-pg 133, 151: A feeling of great happiness; pleasure.

**justification**-pg 37, 126, 127, 129: To pronounce free from guilt or blame.

**justifiable**-pg 81, 93: To provide sound reason for; warrant.

## K

**kill**-pg 6, 20, 66, 77: To put to death or deprive of life; to slay or terminate.

## L

**laurels**-pg 86: Honor or glory.

**learn**-pg 7, 47, 70, 89, 98, 121, 144, 153: To gain

knowledge, comprehension, or mastery of through experience or study; to memorize or become informed of.

**lecture**-pg 18, 91, 121(2), 142: Instructive talk; solemn scolding.

**lethargy**-pg 23: Laziness.

**levity**-pg 16: Unseemly frivolity.

**life**-(98 times): Human activities and relationships.

**loath**-pg 92: Unwillingly or reluctant.

**loathed**-pg 69: To dislike greatly; abhor.

**loneliness**-pg 8, 89, 151, 152: Without companions; solitary.

**love**-(23 times): Intense and warm affection or feeling for another.

**lucid**-pg 90: Easily understood or clear; clear minded or rational.

**lukewarm**-pg 113: Half-hearted; a lukewarm welcome.

**lunacy**-pg 3: Foolish conduct; insanity.

## M

**maelstrom**-pg 2: Large and violent whirlpool.

**maladjustment**-pg xxiv: Faulty or poor adjustment.

**malady**-pg xvi, 23, 64, 92, 138, 139: A disease, disorder, or ailment.

**malicious**-pg 145: Desire to harm or see others suffer.

**manic**-pg xxviii: An intense enthusiasm or craze; relating to, or characterized by mania.

**manic-depressive**-pg xxviii: Alternating periods of manic excitement and severe depression.

**manifested**-pg 64: Clear to the sight; obvious.

**martyr**-pg 79: One who makes tremendous sacrifices for a cause or principles.

**materialize**-pg 84: To cause to become real or actual.

**meditation**-pg 59, 69, 83, 85, 87(2), 134, 164: To muse over; contemplate; ponder or to reflect upon.

**memory**-pg 24: 1. Mental capacity to retain and recall past experience; remembrance; recollection.

2. All that a person can remember. 3. Something remembered of a person, thing, or event.

**message**-pg xvi, xvii, xviii, xxvi, 60, 77, 89, 136: A basic theme.

**mind**-pg 23(43 times): 1. The consciousness that originates in the brain and directs mental and physical behavior.

2. Memory; recollection. 3. Conscious thoughts; attention. 4. Opinion or intentions.

**miracle**-pg 57(13 times): Divine or supernatural power; awe; wonder.

**mire**-pg 132: To sink or stick into a deep or thick substance.

**misery**-pg 15, 52, 124, 133, 153, 163: Prolonged suffering; suffering and want caused by distress or poverty.

**misgivings**-pg 76: Feelings of doubt or suspicion.

**moderate**-pg 20 and 8 times: Not excessive or extreme.

**moral**-pg xvi, 45: 1. Of or concerned with the

discernment or instruction of what is good or evil. 2. Being or acting in accordance with established standards of good behavior. 3. Arising from conscience. 4. Having psychological rather than tangible effects. 5. Based on likelihood rather than evidence.

**morass**-pg 8: Difficult or perplexing situation.

**morbid**-pg 86: Gruesome or unwholesome matters.

**motives**-pg xxv, 27, 54, 60, 70, 86(2), 102(2), 159: An impulse that determines a particular behavior.

**must**-(77 times): Necessity or obligation; insistence.

**muster**-pg xvi, 155: To assemble or summon; gather up.

## N

**nadir**-pg 155: Lowest point.

**nature**-pg xvi, 12, 19, 21, 27, 59, 68, 72, 107, 115(2): The inherent quality or basic constitution of a person or thing; one's natural instincts or way of life.

**needs**-pg 20(50 times): To be under obligation or necessity; to know the truth.

**neighbor**-pg 153: To be located near another.

**nervous**-pg xxix, 32, 35, 37, 109: Forceful: spirited; easily excited or annoyed.

**neurotic**-pg 122: An emotionally unstable or neurotic person; hysterical.

**new**-(90 times): Different and distinct; not old or before; recent.

**nonchalant**-pg 24: Attitude of indifference; unconcern: composed or unruffled.

## O

**obligations**-pg 129: Acts of binding one's self to a binding contract or moral code.

**obligatory**-pg 132: To bind legally or morally.

**oblivion**-pg, 3, 19, 151: Condition of being completely forgotten; forgetful.

**obscure**-pg 24, 55: 1. Dark; gloomy. 2. Indistinctly heard or perceived. 3. Out of sight or hidden. 4. Not famous or

well known. 5. Difficult to understand.

**obsession**-pg xv, 23, 30, 151, 155: 1. Preoccupation

with an unwanted fixed idea. 2. An idea that out weighs all other ideas. 3. Persistent disturbing preoccupation with an idea or feeling; one thought that over- rules all other thoughts.

**offender**-pg 64: 1. To create anger, annoyance, or resentment in.

**ominous**-pg 1: Pertaining to an evil omen; portentous or threatening.

**omitted**-pg 75: To leave out of; fail to do or include.

**omnipotence**-pg 133: Possessing unlimited power or authority.

**opinion**-pg vi, xxiv, xxviii, 20, 26, 43, 73, 117, 144: A belief held often without positive knowledge or proof; an evaluation based on special knowledge -judgment or estimation.

**ordained**-pg 74: To install as minister, priest, or rabbi.

**ourselves**-(67 times): Normal or healthy condition.

**outright**-pg xxiv: Without reservation; wholly.

**overhauling**-pg 68: To examine carefully and make repairs; corrections.

## P

**painstaking**-pg 83: Taking pain; being careful.

**pandemonium**-pg 107: A wild uproar or noise; tumult.

**paradoxically**-pg 68: A statement that appears to oppose itself; contrary to common sense.

**past**-(31 times): Over; not current.

**path**-pg xxii, 15, 49, 58, 72, 100, 116: A trodden track or way; course.

**pathological**-pg xxix: The anatomic or functional manifestations of disease.

**patient**-pg xxiii, xxix, 61, 90, 105, 113, 118, 144(3), 162: 1. Bearing pain or trials without complaint. 2. Showing self-control; calm. 3. Steadfast; persever

**peace**-pg 8, 14, 16, 50, 63, 75, 84: The absence of war; no hostilities.

**peril**-pg 17: Danger or something that endangers.

**perish**-pg 16: 1. To die, esp. in a violent or untimely manner. 2. To disappear gradually.

**permanently**-pg xxviii, 24: Lasting or stable.

**personal**-(43 times): 1. Of a particular person; private. 2. Done in person: a personal appearance. 3. Pertaining to an individual, especially in an offensive way: a highly personal remark.

**personality**-pg xvi, 39: The individual traits of a person.

**pervade**-pg 17: To be victorious.

**phenomenon**-pg xxvi, xxvii(2), xxviii(3): A great fact perceived by the senses.

**pitiful**-pg 30: Arousing pity; pathetic.

**poisoning**-pg 157: A substance that can injure or kill; to affect destructively: corrupt.

**pomp**-pg 55: A brilliant display; splendor or ostentatious.

**pondered**-pg 10: To meditate on; carefully consider.

**postpone**-pg 53, 75: To delay until some point of time in the future; to put off.

**power**-(71 times): The ability to act or perform effectively.

**powerless**-pg 59: The absence of power.

**prayer**-pg 59, 85(2), 87: 1. An expression of thoughts, hopes, or needs directed to a deity. 2. The act of praying. 3. Thanksgiving. 4. An earnest appeal, request, or plea. 5. The slightest chance or hope; survival.

**precepts**-pg 93: A rule of action or conduct.

**precipitate**-pg xxviii: To cause to happen prematurely.

**prejudice**-pg 12(2), 45, 46, 47, 48, 49, 55, 77, 89, 93, 162: An opinion made without adequate basis; detriment to one's rights or claims: damaged.

**pervade**-pg To be victorious.

**pride**-pg 8, 12, 25, 65, 75, 104, 105, 116, 125: 1. Proper and justified self respect. 2. Pleasure or satisfaction taken in work, achievements, or possessions. 3. A cause or source of pride. 4. Conceit;

arrogance. 5. A group of lions(prided-to indulge in self-esteem; glory).

**principle**-pg 111, 116, 126, 128: A general or fundamental rule.

**problem**-(46 times): 1. A question or situation that presents uncertainty, perplexity, or difficulty. 2. A source of trouble or annoyance. 3. A question put forward for consideration or solution.

**process**-pg xviii, xx, 25, 42(2), 48, 64, 122: 1. A series of steps, actions, or operations used to bring about a desired result. 2. A series of natural changes by which some thing passes from one condition to another.

**procured**-pg 3: To obtain or acquire.

**prodigious**-pg 5: Extraordinary in size or degree.

**proffered**-pg 10: To offer for acceptance.

**progressive**-pg 30: Moving forward; advancing.

**promotion**-xix: Urge the adoption of; attempt to sell or

popul a  
**prosaic**-pg 48: Matter of fact; lacking interest or imagination; dull.  
**prospect**-pg xviii, 18, 36, 90, 91, 93, 96(2), 98, 99, 148, 156(2), 158: A mental vision; something to come or is awaited or expected.  
**protégé**-pg 92: One under the care and protection of an influential pers  
**protestations**-pg 62: A strong declaration; a protest or objection.  
**psychic**-pg xxvii: Sensitive to non physical or super-natural forces; of or pertaining to the mind; psyche.  
**psychopath**-pg xxviii: Person with severe personality disorder; antisocial behavior.

## R

**ramifications**-pg xxi: The result of a course of action; consequences.  
**rant**-pg 9: To speak violently, loudly, and at length.

**rarely**-pg r 58, 78: i  
 Infrequently occurring; uncommon.  
**rational**-pg 26: To interpret or explain from a rational standpoint.  
**reality**-pg xxiv, 8, 49, 50, 55, 161: The condition of being real or true.  
**realize**-(13 times): To correctly or nfully comprehend.  
**realm**-pg 46, 51(3), 151: A kingdom; province.  
**reconstruction**-pg 83: To rebuild; construct again.  
**recovery**-(31 times): To regain a normal or usual condition, as of health.  
**re-create**-pg xxvi: To create again.  
**redouble**-pg 120: To make twice as great in size or amount; intensify.  
**reflection**-pg 19, 86: To think on or consider seriously.  
**regret**-pg 64, 77, 83: To mourn; feel sorry.  
**rehabilitation**-pg xxiii, xxvi, xxx, 7, 148: To restore to useful life; therapy.

**relapse**-pg xx, 26, 31, 35, 120, 125: To relapse or fall back; do again after partial recovery from an illness.  
**relations**-pg xix, 65(5), 81, 98, 111, 134(2): Dealings or associations with others.  
**remonstrances**-pg 3: 3: Protesting; objection.  
**remorse**-pg xxvii, xxviii, 6, 66, 81, 83, 86, 106, 109: Bitter regret or guilt for past misdeeds.  
**rendezvous**-pg 104: A prearranged meeting or meeting place.  
**reparation**-pg 98: Process of making amends.  
**repute**-pg 153: Reputation.  
**requirement**-pg xiv, 14, 50, 60: To demand, need, or insist upon; obligatory, necessity.  
**resentment**-(20 times): To feel or exhibit annoyance at.  
**reservation**-pg 33, 63: A limiting qualification or condition.  
**resolutely**-pg 67, 84: To be resolved; determined.

**resolve**-pg xvi, 5(2), 107: Firm decision about.  
**respected**-pg 122, 153, 155, 158: High regard or esteem.  
**responsibility**-pg 83, 143: Being trustworthy, dependable, or reliable.  
**restless**-pg xxvi, 68, 69: Never resting or settled; marked by or showing unrest, esp. of mind.  
**restorative**-pg 133: To renew or restore.  
**restore**-pg 59: To bring back; use.  
**retaliatory**-pg 105: To do like wise, as relates to revenge.  
**reviewed**-pg xviii: To study or look over; inspection.  
**revolutionary**-pg 14, 50: Sudden, radical, or complete change.  
**revulsion**-pg 57, 141: A sudden and strong dislike; repugnance.  
**righteous**-pg 152: Just; morally right.  
**rigorous**-pg 58, 145: Strictness or severity; trying condition or hardship.  
**rouse**-pg 23: To excite to activity; to stir up.

**ruthlessly**-pg 13: Having no pity.

## S

**sanity**-pg 7, 57, 59, 70, 84, 154: Soundness of mind; health.

**schisms**-pg xix: Separations or divisions into fractions: religious body.

**scoffers**-pg 3(2): Expression of scorn; jeer.

**scores**-pg xxiii, 12, 48, 162: To succeed; especially in something illegal.

**seemingly**-pg xiii, 57, 62, 132, 140: Apparent.

**self**-pg 62(2), 63, 64, 93, 108: 1. The essential person distinct from all other persons in identity. 2. A particular side of a person's character. 3. Personal interest; selfishness.

**selfish**-pg 7, 21, 61, 67, 69(2), 82, 84, 86, 87: 1. Concerned only with one's self. 2. Concerned with one's own welfare excessively or without regard for others.

**selves**-pg 30, 68, 107: Plural of self.

**sensation**-pg xxvi, xxix: Stimulation of a sense organ; intense interest.

**sensible**-pg 21, 42, 68, 83, 148: Easily perceived; appreciable.

**sensitive**-pg 125: Capable of perceiving; quick to take offense - touchy.

**serenity**-pg 14, 68, 84: Unruffled, dignified, or tranquil.

**serious**-(21 times): Grave in manner or character.

**servile**-pg 83: Abjectly submissive; slavish.

**shivered**-pg 12: Tremble or quiver; shudder, shake, or quake.

**shocked**-pg 10, 16, 132, 149, 158: 1. A violent collision or impact. 2. Some thing that jars the mind or emotions as if with a violent unexpected blow. 3. The disturbance of mental or emotional equilibrium caused by such a blow. 4. A severe offense to a person's sense of propriety or decency.

**shortcoming**-pg 19, 25, 50, 59, 127: Falling or fault.

**sick**-(27 times): Morbid or unwholesome; unwell.

**sickness**-pg 18, 140: Ill health or a specific disease.

**sincerely**-pg 63, 95: Without deception, no deceit, pretense, or hypocrisy; true or honest: no false appearance.

**skepticism**-pg 4, 46: Doubting or questioning state of mind.

**slip**-pg 84, 100, 139: To slide accidentally; lose one's balance.

**slyly**-pg 145: Cunning; secretive or deceitful.

**sober**-(19 times): Marked by self control or sanity; reasonable.

**sobriety**-(10 times): Serious or solemn; absence of alcoholic intoxication.

**solitary**-pg 72: Remote; secluded.

**solution**-pg xxiv, xxix, 15, 17, 18, 25(2), 43, 52, 91, 92, 95, 104, 117, 141, 145: The method or process of solving a problem.

**sordid**-pg 103, 152: Marked by grossness; dirty, filthy, or foul.

**spheres**-pg 10: A figure with all points on the surface of which are equidistance

from the center; area of power, control, or influence - domain.

**spirit**-(19 times): 1. The animating or life giving principle within a living being; soul. 2. The part of a human being associated with the mind and feelings as distinguished from the physical body. 3. The real sense or significance of something. 4. A prevailing mood or attitude; spirit of rebellion. 5. Spirit; the Holy Ghost.

**spiritual**-(109 times): Of or pertaining to or consisting of spirit.

**stealing**-pg 68: To take away without right or permission.

**strenuous**-pg xvii, 16, 64: Evidence showing energetic effort.

**successful**-(15 times): The achievement of something attempted; to succeed.

**suffering**-(13 times): Physical or mental pain or distress.

**sufficient**-pg xvii, 24, 44, 45, 47, 152: As much as needed; enough.

**sumptuous**-pg 3: Suggestion of great expense; lavish.  
**supplanted**-pg 24(2): To take the place of; replace.  
**stubbornness**-pg 140: Persistence or obstinate; one's will.  
**stupid**-pg 139(2), 152: Slow to apprehend.  
**sympathetic**-pg 73, 115, 129: In agreement with; favorable. A feeling resulting from sympathy.  
**symptom**-pg xxix, 64: A change in normal bodily function indicating a disorder or disease; appearance or sensation.

## T

**tactful**-pg 83: Awareness of delicate situation and ability to say the most appropriate thing; diplomacy.  
**tangent**-pg 130: Abruptly changing course.  
**temperate**-pg xxvi, 103: An exercise of moderation or self-restraint.  
**temptation**- pg 57, 85, 101, 120, 147: 1. The state of being tempted; to risk provoking. 2. To entice to

commit an immoral or unwise act.  
**tenets**-pg xvi: Fundamental principle or dogma.  
**tension**-pg 72, 115: Mental stress; uneasy suspense.  
**terms**-pg 28, 46, 47, 93, 145: Conditions or stipulations.  
**terrific**-pg 37: Awesome or outstanding; very good.  
**terror**-pg 6, 105, 151: State of intense fear; horror.  
**test** -pg xviii, 13, 69, 117, 163: A way of examining something to determine the characteristics or effectiveness.  
**text**-pg vi, xv: The wording or words of something written or printed.  
**theological**-pg 46, 93: The study of religion.  
**theorizing**-pg 70: To formulate or analyze theories.  
**theory**-pg xvi, xxiv, 2, 10, 52, 78, 83, 101: Abstract thought untested in practice; assumption.  
**therapy**-pg xix, xxi: Treatment of illness.  
**thoroughly**-pg 58, 68, 98, 102(2), 108, 142, 143: 1. Complete in all respects. 2. Painstakingly careful.

## d

**thought**-(53 times): The act or process of thinking; reflection or meditation.  
**tolerance**-pg 19, 67, 70, 83, 84, 118, 122, 125, 127, 138: Capacity to accept the behavior, practices, or opinion of others.  
**tornado**-pg 82: A violent column of air.  
**tragic**-pg 16, 21, 23, 24, 123, 132(2): Relating to or expressive of an unfortunate event; sorrowful or disastrous.  
**transmit**-pg 164: To transfer from one person or place to another.  
**trembles**-pg. 73, 104: To shake involuntarily from fear or anxiety.  
**triumphant**-pg 62: To obtain or celebrate victory.  
**troublesome**-pg 21, 70: To agitate mentally, physically, or spiritually.  
**trudge**-pg 164: A long tedious walk.  
**true**-(27 times): 1. Steadfast; loyal. 2. Agreeing with facts or reality. 3. Consistent.

**trust**-pg 68(2), 98: Assured dependence and reliance on the character, strength, or truth of someone or something; to be confident; depend, hope.  
**truth**-(13 times): Conformity to actuality, knowledge, or fact; reality.  
**twinkling**-pg 133: In an instant; brief interval.  
**twisted**-pg 123: To distort the intended meaning of.

## U

**unabated**-pg 137: Not lessened in amount.  
**understanding**-(54 times): The quality of comprehension; discernment. 2. The faculty by which one understands. 3. Individual or specified judgement or opinion. 4. A reconciliation of differences.  
**urge**-pg xiii, 34, 70, 83, 91, 100, 113, 117, 119, 148: To drive forward forcefully; exhort - repeatedly.  
**Utopia**-pg 16, 61: 1. A condition, place, or situation of social or political

perfection. 2. An impractical idealistic goal or scheme.

**utterly**-pg 26, 45, 63: Absolute; total.

## V

**vagaries**-pg 129: Erratic notion or action; whim.

**vague**-pg 23, 86, 134: Not clear, definite, or distinct.

**vain**-pg 30, 49: Lacking substance or worth; conceited, futile, or hollow.

**vast**-pg 1, 10, 16: Very great in size, amount, or degree.

**vessel**- pg 17, 161: Person held to be the recipient of a quality; as in grace.

**vestiges**-pg 12: Visible trace or remains.

**vicarious**-pg 101: 1. To do or done by one person substituting for another acting for another. 2. Experienced in the feelings of another.

**vicissitude**-pg 56: A changeable state of being; unexpected or surprising change.

**victory**-pg 14, 63, 76, 125: Successful struggle against

opponent or obstacle; triumph.

**violent**-pg 5, 35, 45, 91, 97, 110: A force that causes damage, abuse, or injury; harm.

**virtuous**-pg 61: Moral excellence and righteousness; effective power to bring forth the desired result.

## W

**want**-(65 times): Personal defect; fault.

**warped**-pg 18, 108, 142: 1. To twist or become twisted out of shape. 2. To turn aside from a correct, healthy, or true course; pervert or corrupt.

**wayward**-pg 130, 160: Disobedient or unpredictable.

**wholehearted**;pg 50: Without reservation.

**willingness**-(46 times): Done, accepted; given readily and without hesitation - voluntary.

**wise**- pg 13, 77, 90, 123, 123: 1. Having wisdom; judicious. 2. Having or showing common sense; prudent.

**wrong**-(21 times): 1. An injurious, unfair, or unjust act. 2. Violation of the legal rights of another person. 3. Not right according to a standard or code.

## Y

**yearning**-pg 151: A deep longing.





## APPENDIX B

### ULTIMATE PURPOSE

*of*

### NOAHHITE AGREEMENTS AND RULES

The twenty-fourth Rule, of the Noahhite Agreements, is based on Mark 16:15-18(TLB), which states:

***And then he told them, "You are to go into all the world and preach the Good News to everyone, everywhere. Those who believe and are baptized will be saved. But those who refuse to believe will be condemned. And those who believe shall use my authority to cast our demons, and they shall speak new languages. They will be able even to handle snakes with safety, and if they drink anything poisonous, it won't hurt them; and they will be able to place their hands on the sick and heal them."***

### **NOAHHITE DISCIPLINE**

*The following track was handed to one of our potential members, years ago. We heard that it was rejected by one of the original anonymous fellowship co-founders, probably because he knew that those people were far to sick, at that time, to even consider the potential implications of the preceding Scripture. The original tract, of this slightly edited piece, had Anonymous under the article, and was written circa 1940, which was minutely edited for our discipline.*

***"Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing others, which I entrust to you. It must be used unselfishly for it carries with it grave responsibility; sometimes the difference between life and death. No day can be too long; no demands upon your time to urgent; no case too pitiful; no task too hard; no effort too great.***

*"It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection. And remember, in the exercise of this power, I shall not exact of you beyond your capabilities.*

*"You are not selected because of exceptional talents. Be careful always, if success attends your efforts, not to ascribe to personal superiority that to which you lay claim only by virtue of My gift. If I had wanted learned men to accomplish this mission, the power would have been entrusted to the physician and the scientist. If I had wanted eloquent men, there would have been many anxious for the assignment, for talk is the easiest used of all the talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better qualified men than you, who would be available.*

*"You were selected because you have been the unloved outcasts of the world and your long journey has made, or should make you, humbly alert to the cries of distress that come from the lonely hearts of human beings everywhere. Keep ever in mind the tears you cried, on the day you were allowed to stand and turn to Me, the Lord Jesus, that you are powerless and that it was only with your willingness to turn your life and will unto My keeping that I came to you in the Spirit of Christ."*

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# NOAHHITE NOTES

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## APPENDIX C

### ULTIMATE NOAHHITE HOPE

#### GOD'S WILL

*for*

#### Noahhites' Eternal Soul-Mate

*Everyone longs to give themselves completely to someone - to have a deep soul relationship with another - to be loved thoroughly and exclusively. But God might say to all potential noahhites - noahrenes:*

*"No, not until you are satisfied, fulfilled, and content with being loved by Me alone - with giving yourself totally and unreservedly to Me - with having an intensely personal and unique relationship with Me alone - discovering that only in Me is your satisfaction to be found, will you be capable of the perfect union that I have planned for you.*

*"You will never be united with another until you are united with Me - exclusive of anyone or anything else, exclusive of any other desires or longings. I want you to stop wishing and allow Me to give you the most thrilling plan existing - one that you cannot imagine. It far exceeds any fantasy that you could possibly imagine! I want you to have the best. Please allow Me to bring it to you. You just keep watching Me, expecting the greatest things - keep experiencing the satisfaction that I am. Keep listening and learning the things I tell you. You must wait. That's all. Don't be anxious. Don't worry. Don't look around at the things others have gotten or that I've given them. Don't look at the thing you think you want. You just keep looking off and away, up to Me, or you'll miss what I want to show you.*



## APPENDIX D

### Anonymous Suggested TWELVE STEPS

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**Number** STEP Verbiage. *Spiritual Principle* - corresponding **SCRIPTURE**<sup>1</sup>

**1.** We admitted that we were powerless over \_\_\_\_\_<sup>2</sup> - that our lives had become unmanageable. *Honesty* - 2 Cor 1:9; **We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead.** Also Rom 7:18; Psalm 116:1-9; Jer 9:23-24; 2 Cor 12:9.

.....

**2.** Came to believe that a Power greater than ourselves could restore us to sanity. *Hope* - Prov 28:26; **A man is a fool to trust himself! But those who use God's wisdom are safe.** Also Rom 5:8; Psalm 30:2-3; Matt 8:1-3; Mark 9:24.

.....

**3.** Made a decision to turn our will and our lives over to the care of God *as we understood him.* *Faith* - Prov 3:4-6; **If you want favor with both God and man, and a reputation for good judgement and common sense, then trust in the Lord completely; don't ever trust yourself. In every thing you do, put God first, and he will direct you and crown your efforts with success.** Also Gal 2:19-20; Rom 12:1; Psalm 40; Matt 11:28-30.

.....

**4.** Made a searching and fearless moral inventory of ourselves. *Courage* - Lam 3:40-42; **Let us examine ourselves instead, and repent and turn again to the Lord. Let us lift our hearts and our hands to him in heaven, for we have sinned; we have rebelled against the Lord, and he has not forgotten it.** Also Psalm 139:23; Matt 7:1-5.

39

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<sup>1</sup> All Scriptural quotes, in this document, are from *THE LIVING BIBLE*©.

<sup>2</sup> In the mid nineties, we heard that there were about two hundred and twenty Anonymous Fellowships, with one operative in over one hundred and forty foreign countries; \_\_\_\_\_(please fill in your own blank).

**5.** Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. *Integrity* - James 5:16; **Admit your faults to one another and pray for each other so that you may be healed.** Also 1 John 1:9; Psalm 32:1-5; Gal 6:2-3.

.....

**6.** Were entirely ready to have God remove all these defects of character. *Willingness* - James 4:7-8; **So give yourselves humbly to God. Resist the devil and he will flee from you. And when you draw close to God, God will draw close to you. Wash your hands, you sinners, and let your hearts be filled with God alone to make them pure and true to him.** Also Jer 10:23; Heb 12:1-2; Hos 10:12; Micah 7:18-20.

.....

**\*7.** Humbly asked Him to remove our shortcomings. *Humility* - 1 John 1:9; **But if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong.** Also Isa 1:18-19; Isa 66:2; Psalm 32:1-2.

.....

**8.** Made a list of all persons we had harmed, and became willing to make amends to them all. *Brotherly love* - Matt 5:23-34; **"So if you are standing before the altar in the Temple, offering a sacrifice to God, and suddenly remember that a friend has something against you, leave your sacrifice there beside the altar and go and apologize and be reconciled to him, and then come and offer your sacrifice to God."** Also Matt 6:14-15.

.....

**9.** Made direct amends to such people wherever possible, except when to do so would injure them or others. *Discipline* - Mark 11:24; **"Listen to me! You can pray for anything, and if you believe, you have it; it's yours!"** Also Heb 12:1; 2 Cor 5:19; Col 1:20-21.

.....

**10.** Continued to take personal inventory, and when we were wrong, promptly admitted it. *Perseverance* - Psalm 19:12-13; **But how can I ever know what sins are lurking in my heart? Cleanse me from these hidden faults. And keep me from deliberate wrongs; help me to stop doing them. Only then can I be set free of guilt and innocent of some great crime.** Also 1 Cor 10:12; Psalm 26:2-3; Gal 6:4-5; 1 Tim 1:19.

**11.** Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out. *Awareness of God* - Prov 2:3-5; **Yes, if you want better insight and discernment, and are searching for them as you would for lost money or hidden treasure, then wisdom will be given you, and knowledge of God himself; you will soon learn the importance of reverence for the Lord and of trusting him.** Also Psalm 1:2; James 5:13; Rom 8:26; Col 3:16.

.....  
**12.** Having had a spiritual awakening as the result of these steps, we tried to carry this message to others(similarly afflicted people), and to practice these principles in all our affairs. *Love and Service* - 1 Pete 3:15; **Quietly trust yourself to Christ your Lord and if anybody asks why you believe as you do, be ready to tell him, and do it in a gentle and respectful way.** Also Isa 61:1, Psalm 96:1-4; Gal 6:1; 2 Cor 1:3-4.

.....  
Quite a few works have made an appearance on the scene of recovery, over the years, that relate the steps to the bible. This one is no different. We are just editing and passing along what we believe, with our effort. We may or may not concur with the original Scribe, but this is what we believe they were given, although it has been minutely changed. We have our own interpretation of how these steps have influenced our lives, and have a manual in the process of being published. There will be three or four books in the Noahhite Manual. Three of the books are ready to be published. Now God's blessings are needed to bring this effort's firstfruits to fruition.

\*The only thing that we can add to the clarification of this tract is written by St. Paul in Romans 7:15-25, where as an old man, he finally understood that what ever was wrong with him, as a human being was taken care of in the Spiritual Body of our Risen Lord Jesus Christ. But to be in that Body requires a perfect rebirth, which is what our Noahhite Manual is about. We also address the fact that we believe that this Body, is now at last available to all who earnestly seek; **our Real Fellowship!**

The Noahhite process began in early January of 1991, during the Desert Shield deal, in the Middle East! Now we have IRS approved, Non-Profit, Federal Tax Exempt Status! We are making progress aren't we?

The titles of books, in our lineup, with a breif disscription, are as follows:

**A. HIS FATHER'S TEMPLE** Two hundred and fifty Scriptures are used, in this book alone, to describe and support what our recovery experience has been, and why this is happening, according to Spiritual Time. It also alludes to God's greatest church, which requires the greatest tribulation!

**B. GOD EXPERIENCE** A daily devotional with Scripture, comment, and prayer, based on what our recovery experience is.

**C. RECOVERY WORDS - WITH DEFINITIONS** The original recovery book, published in 1939, has references to the words life, help, must, change, wise - few - perfect, and good which we list with respect to their page and line numbers. Then we have many definitions, centered on the words in the original recovery book, that started all of these darned Anonymous Fellowships, of which we are a part!

The forth book in the Noahhite Manual has just started the manuscript process, although that book too was written in 1991! These things take time don't they? The title of the forth book, to be ready in 1998(?), is **VISION QUEST**. Please let us hear from you, at the following address, if you think that we can be helpful to your anonymous recovery:

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