

APPENDIX I

Anonymous Suggested TWELVE STEPS

Number STEP Verbiage. Spiritual Principle - corresponding SCRIPTURE¹

1. We admitted that we were powerless over _____² - that our lives had become unmanageable. *Honesty* - 2 Cor 1:9; **We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead.** Also Rom 7:18; Psalm 116:1-9; Jer 9:23-24; 2 Cor 12:9.

2. Came to believe that a Power greater than ourselves could restore us to sanity. *Hope* - Prov 28:26; **A man is a fool to trust himself! But those who use God's wisdom are safe.** Also Rom 5:8; Psalm 30:2-3; Matt 8:1-3; Mark 9:24.

3. Made a decision to turn our will and our lives over to the care of God as we understood him. *Faith* - Prov 3:4-6; **If you want favor with both God and man, and a reputation for good judgement and common sense, then trust in the Lord completely; don't ever trust yourself. In every thing you do, put God first, and he will direct you and crown your efforts with success.** Also Gal 2:19-20; Rom 12:1; Psalm 40; Matt 11:28-30.

4. Made a searching and fearless moral inventory of ourselves. *Courage* - Lam 3:40-42; **Let us examine ourselves instead, and repent and turn again to the Lord. Let us lift our hearts and our**

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¹ All Scriptural quotes, in this document, are from *THE LIVING BIBLE*©.

² In the mid nineties, we heard that there were about two hundred and twenty Anonymous Fellowships, with one operative in over one hundred and forty foreign countries; _____(please fill in your own blank).

10. Continued to take personal inventory, and when we were wrong, promptly admitted it. *Perseverance* - Psalm 19:12-13; **But how can I ever know what sins are lurking in my heart? Cleanse me from these hidden faults. And keep me from deliberate wrongs; help me to stop doing them. Only then can I be set free of guilt and innocent of some great crime.** Also 1 Cor 10:12; Psalm 26:2-3; Gal 6:4-5; 1 Tim 1:19.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out. *Awareness of God* - Prov 2:3-5; **Yes, if you want better insight and discernment, and are searching for them as you would for lost money or hidden treasure, then wisdom will be given you, and knowledge of God himself; you will soon learn the importance of reverence for the Lord and of trusting him.** Also Psalm 1:2; James 5:13; Rom 8:26; Col 3:16.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others(similarly afflicted people), and to practice these principles in all our affairs. *Love and Service* - 1 Pete 3:15; **Quietly trust yourself to Christ your Lord and if anybody asks why you believe as you do, be ready to tell him, and do it in a gentle and respectful way.** Also Isa 61:1, Psalm 96:1-4; Gal 6:1; 2 Cor 1:3-4.

Quite a few works have made an appearance on the scene of recovery, over the years, that relate the steps to the bible. This one is no different. We are just editing and passing along what we believe, with our effort. We may or may not concur with the original Scribe, but this is what we believe they were given, although it has been minutely changed. We have our own interpretation of how these steps have influenced our lives, and have a manual in the process of being published. There will be three or four books in the Noahhite Manual. Three of the books are ready to be published. Now God's blessings are needed to bring this effort's firstfruits to fruition.

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hands to him in heaven, for we have sinned; we have rebelled against the Lord, and he has not forgotten it. Also Psalm 139:23; Matt 7:1-5.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. *Integrity* - James 5:16; **Admit your faults to one another and pray for each other so that you may be healed.** Also 1 John 1:9; Psalm 32:1-5; Gal 6:2-3.

6. Were entirely ready to have God remove all these defects of character. *Willingness* - James 4:7-8; **So give yourselves humbly to God. Resist the devil and he will flee from you. And when you draw close to God, God will draw close to you. Wash your hands, you sinners, and let your hearts be filled with God alone to make them pure and true to him.** Also Jer 10:23; Heb 12:1-2; Hos 10:12; Micah 7:18-20.

***7.** Humbly asked Him to remove our shortcomings. *Humility* - 1 John 1:9; **But if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong.** Also Isa 1:18-19; Isa 66:2; Psalm 32:1-2.

8. Made a list of all persons we had harmed, and became willing to make amends to them all. *Brotherly love* - Matt 5:23-34; **"So if you are standing before the altar in the Temple, offering a sacrifice to God, and suddenly remember that a friend has something against you, leave your sacrifice there beside the altar and go and apologize and be reconciled to him, and then come and offer your sacrifice to God."** Also Matt 6:14-15.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others. *Discipline* - Mark 11:24; **"Listen to me! You can pray for anything, and if you believe, you have it; it's yours!"** Also Heb 12:1; 2 Cor 5:19; Col 1:20-21.

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*The only thing that we can add to the clarification of this tract is written by St. Paul in Romans 7:15-25, where as an old man, he finally understood that what ever was wrong with him, as a human being was taken care of in the Spiritual Body of our Risen Lord Jesus Christ. But to be in that Body requires a perfect rebirth, which is what our Noahhite Manual is about. We also address the fact that we believe that this Body, is now at last available to all who earnestly seek; **our Real Fellowship!**

The Noahhite process began in early January of 1991, during the Desert Shield deal, in the Middle East! Now we have IRS approved, Non-Profit, Federal Tax Exempt Status! We are making progress aren't we?

The titles of books, in our lineup, with a brief description, are as follows:

A. HIS FATHER'S TEMPLE Two hundred and fifty Scriptures are used, in this book alone, to describe and support what our recovery experience has been, and why this is happening, according to Spiritual Time. It also alludes to God's greatest church, which requires the greatest tribulation!

B. GOD EXPERIENCE A daily devotional with Scripture, comment, and prayer, based on what our recovery experience is.

C. RECOVERY WORDS - WITH DEFINITIONS The original recovery book, published in 1939, has references to the words life, help, must, change, wise - few - perfect, and good which we list with respect to their page and line numbers. Then we have many definitions, centered on the words in the original recovery book, that started all of these darned Anonymous Fellowships, of which we are a part!

The forth book in the Noahhite Manual has just started the manuscript process, although that book too was written in 1991! These things take time don't they? The title of the forth book, to be ready in 1998(?), is **VISION QUEST**. Please let us hear from you, at the following address, if you think that we can be helpful to your anonymous recovery:

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